

# IF IT'S HISTORY, IT'S OUR STORY

An Intra-Agency Day of Cultural Events & Stories

## KEY-NOTE SPEAKERS



**Dr. Alisha  
Moreland  
Capuia**



**Steve  
Hanamura**



**Gayathri  
Ramprasad**

- Better recognize the relationship between trauma informed practices and improved.

- Demonstrate greater empathy for the clients you serve by being keenly aware/internationally conscious of your underlying assumptions and the impact it may have on client care/interaction/engagement.

- Understand structural racism, trauma and violence

- Understand the concept of "stereotype threat"

- Identify challenges people with disabilities face when seeking medical assistance or employment opportunities

- Learn about the three types of people with disabilities and how they approach their respective experiences

- Examine the connection between disability, diversity, inclusion and equity

Will be presenting during our "Story Teller Hour" and will be encouraging us to: Be The Hope.

She will also make copies of her book - *Shadows in the Sun: Healing From Depression and Finding The Light Within*, available for purchase and signing.

Other Stories and Talents from current Cascadia Employees will be featured.

**WEDNESDAY, MAY 3, 2017 | MELODY BALLROOM**  
**SESSION I: 8:30 AM - NOON | SESSION II: 1:30 PM - 5:00 PM**

Questions? Contact EDI Director, Sandra Wilborn at [sandra.wilborn@cascadiabhc.org](mailto:sandra.wilborn@cascadiabhc.org)