
MENTAL HEALTH IN THE WORKPLACE

Changing the Corporate culture

The Oregon Golf Club
25700 SW Petes Mountain Road, West Linn, OR 97068

May 8, 2019, 7:30 – 9:00 AM

Talking about mental health is the first step to:

- End the stigma and shame surrounding mental health conditions
- Create a safe environment where people can share their struggles and seek help
- Build communities of empathy, inclusion and resilience



John Boylston, J.D.



Jennifer Pepin



ASHA
INTERNATIONAL
WE GIVE HOPE
www.myasha.org

ASHA Storytellers

Mental illness affects 1 in 4 of us.
Mental Health impacts all of us.

Start the conversation.
End stigma. Save Lives.

ASHA International is a nonprofit organization dedicated to promoting personal, organizational and community wellness through mental health education, training and support.