

# **2019 Annual Report**





Dear Friends,

Mental health is an integral part of individual, organizational and community wellness. Yet, the stigma surrounding mental health conditions often prevents people from sharing their struggles and seeking help.

1 in 5 people in the U.S. struggle with a mental health condition each year. Suicide is the 2nd leading cause of death among people aged 10-34. The average delay between onset of symptoms and treatment is 11 years. And, the overall suicide rate in the U.S. has increased by 31% since 2001. (NAMI, Mental Health By the Numbers. 2019, September)

At ASHA International, we are dedicated to normalizing conversations about mental health and inspiring hope & well-being, one story at a time.

I am thrilled to share that 2019 has been the most impactful year in our history! Our Storytellers reached 4,151 people through our programs at schools, workplaces and in the community. And, participants tell us that our programs are innovative, inspiring and life-changing!

Together, we are shining a light on mental health, to end stigma and save lives.

Together, we are giving hope to people struggling with mental health conditions, and building communities of empathy, support and inclusion where all of us can thrive.

Enclosed is an overview of our programs and impact, and our financial reports.

We want to thank each and every one of you – our amazing Storytellers, sponsors, donors and volunteers, for your valuable support. We have accomplished a lot together, but there is much more to do. Your continued support will fuel us forward in our continued mission. Thank you for being a part of this journey.

Much love & gratitude,

-Gayathri Ramprasad

Gayathri Ramprasad, MBA, CPS Founder, ASHA International





# mental health.



The **Let's Talk About Mental Health** Program is a story-based, peer-to-peer, mental health education program engaging middle and high school students in a conversation about mental health to promote well-being and prevent suicides. In 2019, we reached 3,546 students, staff & families across 13 schools through the program.

## What students are saying...

"The Let's Talk About Mental Health program was very touching and helpful to me because I have struggled with depression and thought about suicide. I learned that even though I don't think it will get better, it will. Thank you for the wellness resources you shared." - Student, Century High School

"I have been suffering from an eating disorder for almost 5 years, and it has been hard. This presentation has given me new hope in knowing that I am not alone. Thank you so much!" - Student, Lincoln High School

"Love the use of stories to build empathy and uncover my own struggles – I feel more motivated to address these struggles head-on." - Student, Westview High School

To see the impact of the program, please click the links below:

Youth share their mental health stories in an attempt to shatter the stigma Battling suicide through storytelling

To learn more about the program, please **click here** ...





On May 29th, our second annual **My Story MY SUPERPOWER Storytelling Show** brought together 200 people of all ages, genders, races and cultures, in an inspiring evening filled with laughter, tears and breaking down stereotypes. We are so grateful to our amazing storytellers who shared their stories to shine a light on mental health and end stigma, one story at a time.

## What attendees are saying...

"The program last night was amazing! My daughter kept turning to me saying "that's me!" She just started seeing an anxiety therapist and with our family therapy she is really finding her voice. It's so great to watch her open up around her challenges and last night added so beautifully to these efforts."

"I just wanted to say congratulations on a successful event! What a great turn out – and wonderful stories, of course. I brought my daughter Annie with me, a recent nursing school grad, and she really was moved by so many of the stories as well."

"Dave, I want to say thank you for sharing your incredible story. I was moved by your presentation and loved how you were able to discuss mental health in a broader way, to include the entire family. We are really lucky to have you. I know what you are doing can help change the stigma around mental health in the workplace. I've heard from many people in similar, high-stress jobs (including those at Nike), who talk about the grind and the pressure and the impact it can have outside of work. Without people's bravery in talking about it, nothing will change. So again, thank you from the bottom of my heart. There are a TON of businesses who could greatly benefit from hearing your story."

WE GIVE HOPE www.mvasha.ora

To watch videos from the event, please click here...











On September 27th, our second annual **Grit & Grace: Multicultural Women's Mental Health Conference** brought together 210 women from across ages, races and cultures to share their stories to inspire, educate and empower each other to take charge of their mental health and well-being. At ASHA International, we believe when we empower women, they empower their families and communities.

## What attendees are saying...

"Life changing conference both personally and professionally!"

"It was deeply nourishing to be enriched by this diverse, inspiring circle of women sharing their truth. The Grit & Grace Conference was the best conference I have ever attended."

"Thank you so much. Being at Grit & Grace on Friday was powerful – I laughed so hard and felt such compassion and such connection with the women in the room. I'm at a loss for words to truly describe what I experienced and how important your message is for staff and for those in our service."

"This conference was very much needed in my life especially at a time like this to help me move forward with my family and self-awareness."

To watch videos from the event, please click here...





## **Our Directors & Advisors**

Gayathri Ramprasad, MBA, CPS - Founder & President Kathy Van Riesen - Secretary
Vijay Rajan - Treasurer
Saramati Krishna, M.D. - Director
Kathy Gomez - Director
Aaron Babbie - Director
John Boylston, J.D. - Director
Diane Kaufman, M.D. - Director
Genevieve Reaume - Director
James K. Boehnlein, M.D., M.S.C. - Advisor
Larisa A. Klein M.A. - Advisor
Barbara B. Maloney, PhD - Advisor
Meghan Caughey, M.A., M.F.A. - Advisor



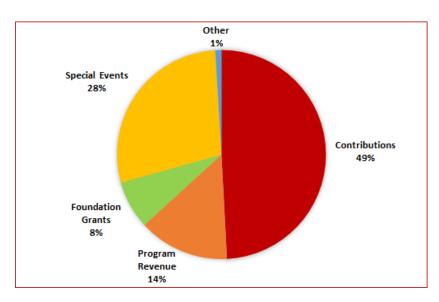




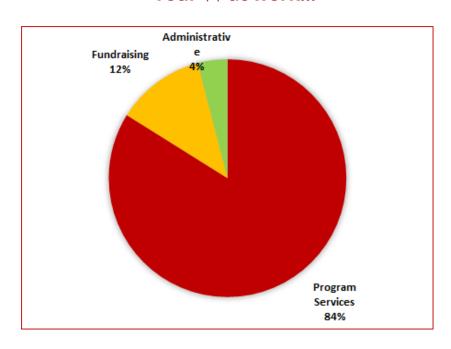
## Our Financials January 1, 2019 - December 31, 2019

ASHA International is a 501(c)3 nonprofit organization. Our operating revenues for the Fiscal Year 2019 were \$107,273. Our Expenses were \$89,223, Net Income was \$18,050. And, our year end Net Assets were \$158,627. We are delighted to share that we invested 84 cents of every \$1 into our programs. Our commitment to transparency is recognized by the GuideStar Gold Seal of transparency. And, our most recent IRS Form 990 is attached.

## Where \$\$ comes from...



## Your \$\$ at work...





## Thanks to our generous sponsors!

We are deeply grateful to our Corporate and Foundation sponsors for their generous contributions. Their valuable support makes it possible for us to normalize conversations about mental health and inspire hope & well-being, one story at a time.

## \$7,500+

Juan Young Trust Northwest Women's Clinic

## \$5,000

Alkermes Inc. Janssen Pharmaceuticals Nike Rainier Springs

### \$2,500+

Cascadia Behavioral Healthcare Cedar Hills Hospital Hazelden Betty Ford Foundation

### \$1,000

Keep Oregon Well Mind Matters

### \$500

Advanced Recovery Systems Kaiser Permanente LifeQual Center Synergy Women's Health Care

## \$250

Tektronix

## \$150

**NAMI Washington County** 



## Form **990-EZ**

Department of the Treasury Internal Revenue Service

## Short Form Return of Organization Exempt From Income Tax

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)

(except private foundations)
► Do not enter social security numbers on this form, as it may be made public.

► Go to www.irs.gov/Form990EZ for instructions and the latest information.

OMB No. 1545-0047

**2019** 

Open to Public Inspection

Α	For t	ne 2019 calendar year, or tax year beginning , 2019, and ending		,
В	Check	if applicable: C	Employer i	dentification number
X	Addres	s change	00 40	
_	Name	IDO Box 2057	ZU-43 Telephone	553857
	Initial r	Beaverton OR 97075		
<u> </u>		In/ terminated		40-7190
-	ł	ed return stion pending	Group E Number	xemption •
G				organization is <b>not</b>
Ī				Schedule B
J		empt status (check only one) —   X  501(c)(3)   501(c) ( )   √(insert no.)   4947(a)(1) or   527   (Form 9	90, 990-E	Z, or 990-PF).
K	Form	of organization: X Corporation Trust Association Other		
L	Add I	ines 5b, 6c, and 7b to line 9 to determine gross receipts. If gross receipts are \$200,000 or more, or if ts (Part II, column (B)) are \$500,000 or more, file Form 990 instead of Form 990-EZ	otal ► \$	129,006.
Pa	art I	Revenue, Expenses, and Changes in Net Assets or Fund Balances (see the instri	uctions f	or Part I)
		Check if the organization used Schedule O to respond to any question in this Part I		X
	1	Contributions, gifts, grants, and similar amounts received	1	104,363.
	2	Program service revenue including government fees and contracts		15,069.
	3	Membership dues and assessments.	3	
	4	Investment income.	4	
		Gross amount from sale of assets other than inventory a		
	b	Less: cost or other basis and sales expenses		
	_	Gain or (loss) from sale of assets other than inventory (subtract line 5b from line 5a).	5c	
a)	6	Gaming and fundraising events:		
Revenue		Gross income from gaming (attach Schedule G if greater than \$15,000) 6a  Gross income from fundraising events (not including \$ 43,626 of contributions		
Ş.	D	Gross income from fundraising events (not including \$ 43,626. of contributions from fundraising events reported on line 1) (attach Schedule G if the sum		
æ		of such gross income and contributions exceeds \$15,000)	8.	
	С	Less: direct expenses from gaming and fundraising events 6 c 21,25		
	Ч	Net income or (loss) from gaming and fundraising events (add lines 6a and		
	_	6b and subtract line 6c)	6 d	-13,177.
	7 a	Gross sales of inventory, less returns and allowances	0.	
		Less: cost of goods sold	8.	
	С	Gross profit or (loss) from sales of inventory (subtract line 7b from line 7a)	7с	482.
	8	Other revenue (describe in Schedule O).  See Schedule O	8	536.
	9	<b>Total revenue.</b> Add lines 1, 2, 3, 4, 5c, 6d, 7c, and 8		107,273.
	10	Grants and similar amounts paid (list in Schedule O).		
	11	Benefits paid to or for members.	-	
<b>′</b> 0	12	Salaries, other compensation, and employee benefits	-	40 110
Expenses	13	Professional fees and other payments to independent contractors  Occupancy, rent, utilities, and maintenance		43,110.
Ser.	14	· · · ·		9,306.
蓝	15 16	Printing, publications, postage, and shipping.  Other expenses (describe in Schedule O).  See Schedule O	16	3,489. 33,318.
	17	Total expenses. Add lines 10 through 16.		89,223.
	18	Excess or (deficit) for the year (subtract line 17 from line 9)	18	18,050.
əts				10,030.
SS	19	Net assets or fund balances at beginning of year (from line 27, column (A)) (must agree with end-of-y figure reported on prior year's return)	ear 19	140,577.
Net Assets	20	Other changes in net assets or fund balances (explain in Schedule O).		110,511.
Ž	21	Net assets or fund balances at end of year. Combine lines 18 through 20		158,627.
ВА	A Fo	Paperwork Reduction Act Notice, see the separate instructions.	1 1	Form <b>990-EZ</b> (2019)

Par	Check if the organization use	ne INSt ed Sche	ructions for Part II) dule 0 to respond to any qu	estion in this Part II	l			X
	-					) Beginning of yea		(B) End of year
22	Cash, savings, and investments.					144,728.		139,802.
23	Land and buildings Other assets (describe in Schedu		See Schedule				23	
24 25	Total assets			7 <del>Y</del>		775.	24	22,966.
26	Total liabilities (describe in Sche	dule ()	See Schedule	e 0		145,503. 4,926.	25 26	162,768. 4,141.
27	Net assets or fund balances (line					140,577.	27	158,627.
Par	t III Statement of Program Ser	vice Ac	complishments (see the inst	ructions for Part III)		·		Expenses
\4/la a #	Check if the organization u	ised Scl	hedule O to respond to any o	question in this Part	: III			uired for section 501
Milat	is the organization's primary exempt purpos	ervice a	SCNEGULE U	its three largest pro	aran			) and 501(c)(4) nizations; optional
meas	ribe the organization's program se sured by expenses. In a clear and fited, and other relevant informati	concise	e manner, describe the servi	ces provided, the nu	imb	er of persons	for o	thers.)
28	See Schedule 0	011 101 6	acii program title.					
	500 50108870 0							
20	(Grants \$	) If th	is amount includes foreign g	rants, check here			28 a	74,850.
29								
	(Grants \$	) If th	is amount includes foreign g	rants, check here		· · · · · · · · · · · · · · · · · · ·	29 a	
30								
	(Grants \$		is amount includes foreign g	rants, check here	- <del>-</del> -		30 a	
31	Other program services (describe	e in Sch	edule O)					
	(Grants \$		is amount includes foreign g				31 a	
	Total program service expenses						32	74,850.
Par			Trustees, and Key Empedule O to respond to any of					
	check if the digamization of	300 00	(b) Average hours per	İ		(d) Health benefits, contributions to employ		
	(a) Name and title		week devoted to	(c) Reportable compensa (Forms W-2/1099-MIS) (if not paid, enter -0-	C) )	benefit plans, and defe	yee rred	(e) Estimated amount of other compensation
Car	vathri Ramprasad		<u>·</u>	•	-	compensation		
	esident		40	2,50	00.		0.	0.
Kat	hleen Van Riesen			,				
	retary		1		0.		0.	0.
	ay_Rajan easurer		1		0.		0.	0
	camati Krishna		<u>1</u>		υ.		0.	0.
	ector		1		0.		0.	0.
	con_Babbie							_
	cector		1		0.		0.	0.
	hy_Gomez rector		1		0.		0.	0.
Jol	nn Boylston, JD		-					
	ector		1		0.		0.	0.
	ine Kaufman		1		Λ		٥	0
	<u>rector</u> nevieve Reaume				0.		0.	0.
	ector		1		0.		0.	0.
ВАА		<u> </u>	TEEA0812L C	P8/23/19				Form <b>990-EZ</b> (2019)

Pa	the instructions for Part V.) Check if the organization used Schedule O to respond to any question in this Part V	see S		$^{\circ}$ $\square$
33	Did the organization engage in any significant activity not previously reported to the IRS?		Yes	No
	If 'Yes,' provide a detailed description of each activity in Schedule O	33		Х
34	Were any significant changes made to the organizing or governing documents? If 'Yes,' attach a conformed copy of the amended documents if they reflect a change to the organization's name. Otherwise, explain the change on Schedule O. See instructions	34		Х
35	a Did the organization have unrelated business gross income of \$1,000 or more during the year from business activities (such as those reported on lines 2, 6a, and 7a, among others)?	35 a		Х
	<b>b</b> If 'Yes' to line 35a, has the organization filed a Form 990-T for the year? If 'No,' provide an explanation in Schedule O.	35 b		
	c Was the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization subject to section 6033(e) notice, reporting, and proxy tax requirements during the year? If 'Yes,' complete Schedule C, Part III	35 c		Х
36	Did the organization undergo a liquidation, dissolution, termination, or significant disposition of net assets during the year? If 'Yes,' complete applicable parts of Schedule N	36		X
	a Enter amount of political expenditures, direct or indirect, as described in the instructions. ► 37a 0.			
	b Did the organization file Form 1120-POL for this year?	37 b		X
	a Did the organization borrow from, or make any loans to, any officer, director, trustee, or key employee; or were any such loans made in a prior year and still outstanding at the end of the tax year covered by this return?	38 a		Х
	b If 'Yes,' complete Schedule L, Part II, and enter the total amount involved			
39	Section 501(c)(7) organizations. Enter:			
	a Initiation fees and capital contributions included on line 9			
	<b>b</b> Gross receipts, included on line 9, for public use of club facilities			l
40	a Section 501(c)(3) organizations. Enter amount of tax imposed on the organization during the year under:			
	section 4911 ► 0 .; section 4912 ► 0 .; section 4955 ► 0.			
	<b>b</b> Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Did the organization engage in any section 4958 excess benefit transaction during the year, or did it engage in an excess benefit transaction in a prior year that has not been			
	reported on any of its prior Forms 990 or 990-EZ? If 'Yes,' complete Schedule L, Part I	40 b		Χ
	c Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Enter amount of tax imposed on organization managers or disqualified persons during the year under sections 4912, 4955, and 4958 ▶ 0.			
	d Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Enter amount of tax on line 40c reimbursed by the organization			
	e All organizations. At any time during the tax year, was the organization a party to a prohibited tax shelter transaction? If 'Yes,' complete Form 8886-T.	40 e		Х
41	List the states with which a copy of this return is filed POR			
	Telephone no.   elephone no.   Telephone no.  Telephone n	40-7 42b	190 Yes	No X
	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-EZ in lieu of Form 1041 — Check here		► ☐	N/A N/A No
	a Did the organization maintain any donor advised funds during the year? If Yes, Form 990 must be completed instead of Form 990-EZ.  b Did the organization operate one or more hospital facilities during the year? If 'Yes,' Form 990 must be completed	44 a		Х
	instead of Form 990-EZ	44 b		X
		-+-t		Λ
	d If 'Yes' to line 44c, has the organization filed a Form 720 to report these payments?  If 'No,' provide an explanation in Schedule O	44 d		17
	a Did the organization have a controlled entity within the meaning of section 512(b)(13)?	45 a		Х
	b Did the organization receive any payment from or engage in any transaction with a controlled entity within the meaning of section 512(b)(13)? If 'Yes,' Form 990 and Schedule R may need to be completed instead of Form 990-EZ. See instructions	45 b		Х

Form 990-EZ (2019) ASHA International 20-4353857 Page 4 No Yes Did the organization engage, directly or indirectly, in political campaign activities on behalf of or in opposition to candidates for public office? If 'Yes,' complete Schedule C, Part I..... 46 Χ Section 501(c)(3) Organizations Only All section 501(c)(3) organizations must answer questions 47-49b and 52, and complete the tables for lines 50 and 51. Check if the organization used Schedule O to respond to any question in this Part VI..... No Yes 47 Did the organization engage in lobbying activities or have a section 501(h) election in effect during the tax year? If 'Yes,' complete Schedule C, Part II 47 Is the organization a school as described in section 170(b)(1)(A)(ii)? If 'Yes,' complete Schedule E...... 48 49 a Did the organization make any transfers to an exempt non-charitable related organization?...... 49 a **b** If 'Yes,' was the related organization a section 527 organization? . . . . . . . . . 49 b Complete this table for the organization's five highest compensated employees (other than officers, directors, trustees, and key employees) who each received more than \$100,000 of compensation from the organization. If there is none, enter 'None.' (d) Health benefits, contributions to employee benefit plans, and deferred compensation (b) Average hours (e) Estimated amount of (c) Reportable compensation (Forms W-2/1099-MISC) er week devoted to position (a) Name and title of each employee other compensation None f Total number of other employees paid over \$100,000 ...... Complete this table for the organization's five highest compensated independent contractors who each received more than \$100,000 of compensation from the organization. If there is none, enter 'None. (a) Name and business address of each independent contractor (b) Type of service (c) Compensation None d Total number of other independent contractors each receiving over \$100,000..... 52 Did the organization complete Schedule A? Note: All section 501(c)(3) organizations must attach a No completed Schedule A. Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than officer) is based on all information of which preparer has any knowledge. Signature of officer Sign Here Gayathri Ramprasad President

Type or print name and title Print/Type preparer's name Preparer's signature Check Richard Winkel Richard Winkel self-employed P00846914 Paid RICHARD WINKEL, Firm's name ▶ CPA, INC Preparer Use Only Firm's address ► 15086 NW OAKMONT LOOP Firm's EIN 412248554 Phone no. BEAVERTON, OR 97006 503-332-6750

► X Yes No
Form **990-EZ** (2019)

### SCHEDULE A (Form 990 or 990-EZ)

Department of the Treasury Internal Revenue Service

## **Public Charity Status and Public Support**

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

► Attach to Form 990 or Form 990-EZ.

► Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

Open to Public Inspection

Name of the organization Employer identification number ASHA International 20-4353857 Part I Reason for Public Charity Status (All organizations must complete this part.) See instructions. The organization is not a private foundation because it is: (For lines 1 through 12, check only one box.) A church, convention of churches, or association of churches described in section 170(b)(1)(A)(i). 1 2 A school described in section 170(b)(1)(A)(ii). (Attach Schedule E (Form 990 or 990-EZ).) 3 A hospital or a cooperative hospital service organization described in section 170(b)(1)(A)(iii). 4 A medical research organization operated in conjunction with a hospital described in section 170(b)(1)(A)(iii). Enter the hospital's name, city, and state: 5 An organization operated for the benefit of a college or university owned or operated by a governmental unit described in section 170(b)(1)(A)(iv). (Complete Part II.) 6 A federal, state, or local government or governmental unit described in section 170(b)(1)(A)(v). 7 An organization that normally receives a substantial part of its support from a governmental unit or from the general public described in section 170(b)(1)(A)(vi). (Complete Part II.) 8 A community trust described in section 170(b)(1)(A)(vi). (Complete Part II.) An agricultural research organization described in section 170(b)(1)(A)(ix) operated in conjunction with a land-grant college or university or a non-land-grant college of agriculture (see instructions). Enter the name, city, and state of the college or An organization that normally receives: (1) more than 33-1/3% of its support from contributions, membership fees, and gross receipts from activities related to its exempt functions—subject to certain exceptions, and (2) no more than 33-1/3% of its support from gross investment income and unrelated business taxable income (less section 511 tax) from businesses acquired by the organization after 10 June 30, 1975. See section 509(a)(2). (Complete Part III.) An organization organized and operated exclusively to test for public safety. See section 509(a)(4). 11 An organization organized and operated exclusively for the benefit of, to perform the functions of, or to carry out the purposes of one or more publicly supported organizations described in **section 509(a)(1)** or **section 509(a)(2)**. See **section 509(a)(3)**. Check the box in 12 lines 12a through 12d that describes the type of supporting organization and complete lines 12e, 12f, and 12g Type I. A supporting organization operated, supervised, or controlled by its supported organization(s), typically by giving the supported organization(s) the power to regularly appoint or elect a majority of the directors or trustees of the supporting organization. You must complete Part IV, Sections A and B. Type II. A supporting organization supervised or controlled in connection with its supported organization(s), by having control or management of the supporting organization vested in the same persons that control or manage the supported organization(s). You must complete Part IV, Sections A and C. Type III functionally integrated. A supporting organization operated in connection with, and functionally integrated with, its supported organization(s) (see instructions). You must complete Part IV, Sections A, D, and E. **Type III non-functionally integrated.** A supporting organization operated in connection with its supported organization(s) that is not functionally integrated. The organization generally must satisfy a distribution requirement and an attentiveness requirement (see instructions). **You must complete Part IV, Sections A and D, and Part V.** Check this box if the organization received a written determination from the IRS that it is a Type I, Type II, Type III functionally integrated, or Type III non-functionally integrated supporting organization. Enter the number of supported organizations ..... **q** Provide the following information about the supported organization(s). (i) Name of supported organization (iii) Type of organization (described on lines 1-10 above (see instructions)) (v) Amount of monetary (iv) Is the organization listed (vi) Amount of other support (see instructions) support (see instructions) in your governing document? No (A) (B) (C) (D) (E) Total

## Part II Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)

(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

Section A. Public Support	rt					
Calendar year (or fiscal year beginning in) ►	<b>(a)</b> 2015	<b>(b)</b> 2016	<b>(c)</b> 2017	<b>(d)</b> 2018	<b>(e)</b> 2019	(f) Total
<ol> <li>Gifts, grants, contributions, and membership fees received. (Do r include any 'unusual grants.').</li> </ol>	not 17,611.	49,087.	49,867.	85,771.	104,363.	306,699.
2 Tax revenues levied for the organization's benefit and either paid to or expended on its behalf	ne I d		·	·		0.
3 The value of services or facilities furnished by a governmental unit to the organization without charge.	ge					0.
Total. Add lines 1 through The portion of total contributions by each per- (other than a government unit or publicly supported organization) included on that exceeds 2% of the ar shown on line 11, column	son al line 1 mount	49,087.	49,867.	85,771.	104,363.	306,699. 61,521.
6 Public support. Subtract from line 4						245,178.
Section B. Total Support						210/170:
Calendar year (or fiscal year beginning in) ►	<b>(a)</b> 2015	<b>(b)</b> 2016	<b>(c)</b> 2017	<b>(d)</b> 2018	<b>(e)</b> 2019	<b>(f)</b> Total
7 Amounts from line 4	17,611	49,087.	49,867.	85,771.	104,363.	306,699.
8 Gross income from intere dividends, payments rece on securities loans, rents royalties, and income fror similar sources	ived , n					0.
9 Net income from unrelate business activities, wheth not the business is regula carried on	er or arly					0.
Other income. Do not include gain or loss from the sale capital assets (Explain in Part VI.)	of					0.
11 Total support. Add lines through 10						306,699.
<b>12</b> Gross receipts from relate	·	•			12	0.
13 First five years. If the Form organization, check this b	ox and stop here		ird, fourth, or fifth t	ax year as a section	on 501(c)(3)	▶ □
Section C. Computation  14 Public support percentage	of Public Support	Percentage	- 11 (6)		1 44 1	
<ul><li>15 Public support percentage</li></ul>						79.94 % 82.11 %
16a 33-1/3% support test—20 and stop here. The organ	19. If the organization	did not check the b	ox on line 13. and	d line 14 is 33-1/3	S% or more, check	this box
b 33-1/3% support test—20' and stop here. The organ	18. If the organization d	id not check a box	on line 13 or 16a	a, and line 15 is 3	3-1/3% or more, c	heck this box
17a 10%-facts-and-circumsta or more, and if the organi the organization meets th	ization meets the 'facts	-and-circumstance:	s' test, check this	box and stop her	e. Explain in Part	VI how
<ul> <li>b 10%-facts-and-circumsta or more, and if the organi organization meets the 'fa</li> <li>18 Private foundation. If the</li> </ul>	ization meets the 'facts acts-and-circumstances	-and-circumstance: ' test. The organiza	s' test, check this ation qualifies as	box and <b>stop her</b> a publicly support	<b>e.</b> Explain in Part ed organization	VI how the▶

Part III Support Schedule for Organizations Described in Section 509(a)(2)

(Complete only if you checked the box on line 10 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

Sec	tion A. Public Support		picase complete i	<u> </u>			
	lar year (or fiscal year beginning in)	<b>(a)</b> 2015	<b>(b)</b> 2016	<b>(c)</b> 2017	<b>(d)</b> 2018	<b>(e)</b> 2019	(f) Total
1	Gifts, grants, contributions, and membership fees received. (Do not include any 'unusual grants.')	(a) 2013	(5) 2510	(0) =0	(a) 2310	(6) 2013	(i) Total
2	Gross receipts from admissions, merchandise sold or services performed, or facilities furnished in any activity that is related to the organization's tax-exempt purpose.						
3	Gross receipts from activities that are not an unrelated trade or business under section 513.						
4	Tax revenues levied for the organization's benefit and either paid to or expended on its behalf.						
5	The value of services or facilities furnished by a governmental unit to the organization without charge						
	<b>Total.</b> Add lines 1 through 5 Amounts included on lines 1, 2, and 3 received from disqualified persons						
b	Amounts included on lines 2 and 3 received from other than disqualified persons that exceed the greater of \$5,000 or 1% of the amount on line 13 for the year.						
С	Add lines 7a and 7b						
8	Public support. (Subtract line 7c from line 6.)						
	tion B. Total Support		1 1		T	T T	
	dar year (or fiscal year beginning in)	<b>(a)</b> 2015	<b>(b)</b> 2016	<b>(c)</b> 2017	<b>(d)</b> 2018	<b>(e)</b> 2019	<b>(f)</b> Total
	Amounts from line 6 Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources.						
	Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975						
	Add lines 10a and 10b.  Net income from unrelated business activities not included in line 10b, whether or not the business is regularly carried on						
12	Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.)						
	<b>Total support.</b> (Add lines 9, 10c, 11, and 12.)	L					
14	First five years. If the Form 990 organization, check this box and						
	tion C. Computation of Pul						
	Public support percentage for 20	•			•		90
	Public support percentage from 2				<u></u>	16	90
Sec	tion D. Computation of Inv						
17		•	• • •	-			%
	Investment income percentage f					<u> </u>	%
19a	<b>33-1/3% support tests—2019.</b> If t is not more than 33-1/3%, check	he organization of this box and <b>sto</b>	did not check the b p here. The organ	oox on line 14, ar ization qualifies	nd line 15 is more as a publicly supp	than 33-1/3%, and orted organization	I line 17 ►
	<b>33-1/3% support tests—2018.</b> If the line 18 is not more than 33-1/3% <b>Private foundation.</b> If the organization of the support tests—2018.	, check this box	and <b>stop here.</b> The	e organization qu	ualifies as a public	ly supported organ	ization ►

## Part IV Supporting Organizations

(Complete only if you checked a box in line 12 on Part I. If you checked 12a of Part I, complete Sections A and B. If you checked 12b of Part I, complete Sections A and C. If you checked 12c of Part I, complete Sections A, D, and E. If you checked 12d of Part I, complete Sections A and D, and complete Part V.)

## Section A. All Supporting Organizations

			Yes	No
1	Are all of the organization's supported organizations listed by name in the organization's governing documents?  If 'No,' describe in <b>Part VI</b> how the supported organizations are designated. If designated by class or purpose, describe			
	the designation. If historic and continuing relationship, explain.	1		
2	Did the organization have any supported organization that does not have an IRS determination of status under section 509(a)(1) or (2)? If 'Yes,' explain in <b>Part VI</b> how the organization determined that the supported organization was described in section 509(a)(1) or (2).	2		
3a	Did the organization have a supported organization described in section 501(c)(4), (5), or (6)? If 'Yes,' answer (b) and (c) below.	За		
k	Did the organization confirm that each supported organization qualified under section 501(c)(4), (5), or (6) and satisfied the public support tests under section 509(a)(2)? If 'Yes,' describe in <b>Part VI</b> when and how the organization made the determination.	3b		
c	Did the organization ensure that all support to such organizations was used exclusively for section 170(c)(2)(B) purposes? If 'Yes,' explain in <b>Part VI</b> what controls the organization put in place to ensure such use.	3c		
<b>4</b> a	Was any supported organization not organized in the United States ('foreign supported organization')? If 'Yes' and if you checked 12a or 12b in Part I, answer (b) and (c) below.	4a		
t	Did the organization have ultimate control and discretion in deciding whether to make grants to the foreign supported organization? If 'Yes,' describe in <b>Part VI</b> how the organization had such control and discretion despite being controlled or supervised by or in connection with its supported organizations.	4b		
c	Did the organization support any foreign supported organization that does not have an IRS determination under sections 501(c)(3) and 509(a)(1) or (2)? If 'Yes,' explain in <b>Part VI</b> what controls the organization used to ensure that all support to the foreign supported organization was used exclusively for section 170(c)(2)(B) purposes.	4c		
5a	Did the organization add, substitute, or remove any supported organizations during the tax year? If 'Yes,' answer (b) and (c) below (if applicable). Also, provide detail in <b>Part VI</b> , including (i) the names and EIN numbers of the supported organizations added, substituted, or removed; (ii) the reasons for each such action; (iii) the authority under the organization's organizing document authorizing such action; and (iv) how the action was accomplished (such as by amendment to the organizing document).	5a		
t	Type I or Type II only. Was any added or substituted supported organization part of a class already designated in the organization's organizing document?	5b		
c	Substitutions only. Was the substitution the result of an event beyond the organization's control?	5с		
6	Did the organization provide support (whether in the form of grants or the provision of services or facilities) to anyone other than (i) its supported organizations, (ii) individuals that are part of the charitable class benefited by one or more of its supported organizations, or (iii) other supporting organizations that also support or benefit one or more of the filing organization's supported organizations? <i>If 'Yes,' provide detail in Part VI.</i>	6		
7	Did the organization provide a grant, loan, compensation, or other similar payment to a substantial contributor (as defined in section 4958(c)(3)(C)), a family member of a substantial contributor, or a 35% controlled entity with regard to a substantial contributor? If 'Yes,' complete Part I of Schedule L (Form 990 or 990-EZ).	7		
8	Did the organization make a loan to a disqualified person (as defined in section 4958) not described in line 7? If 'Yes,' complete Part I of Schedule L (Form 990 or 990-EZ).	8		
9a	Was the organization controlled directly or indirectly at any time during the tax year by one or more disqualified persons as defined in section 4946 (other than foundation managers and organizations described in section 509(a)(1) or (2))?  If 'Yes,' provide detail in <b>Part VI</b> .	9a		
b	Did one or more disqualified persons (as defined in line 9a) hold a controlling interest in any entity in which the supporting organization had an interest? If 'Yes,' provide detail in <b>Part VI</b> .	9b		
c	Did a disqualified person (as defined in line 9a) have an ownership interest in, or derive any personal benefit from, assets in which the supporting organization also had an interest? If 'Yes,' provide detail in <b>Part VI</b> .	9с		
10a	Was the organization subject to the excess business holdings rules of section 4943 because of section 4943(f) (regarding certain Type II supporting organizations)? If 'Yes,' answer 10b below.	10a		
b	Did the organization have any excess business holdings in the tax year? (Use Schedule C, Form 4720, to determine whether the organization had excess business holdings.)	10b		

Pa	art IV   Supporting Organizations (continued)	1	
-1-1	1. Here the example tion eccented a nift or contribution from any of the following persons?	Yes	No
11	Has the organization accepted a gift or contribution from any of the following persons?      A person who directly or indirectly controls, either alone or together with persons described in (b) and (c) below, the		
	governing body of a supported organization?		
	<b>b</b> A family member of a person described in (a) above?		
	c A 35% controlled entity of a person described in (a) or (b) above? If 'Yes' to a, b, or c, provide detail in <b>Part VI.</b>		
Se	ection B. Type I Supporting Organizations	1	
	71 11 3 3	Yes	No
1	Did the directors, trustees, or membership of one or more supported organizations have the power to regularly appoint or elect at least a majority of the organization's directors or trustees at all times during the tax year? If 'No,' describe in <b>Part VI</b> how the supported organization(s) effectively operated, supervised, or controlled the organization's activities. If the organization had more than one supported organization, describe how the powers to appoint and/or remove directors or trustees were allocated among the supported organizations and what conditions or restrictions, if any,		
2	applied to such powers during the tax year.  2 Did the organization operate for the benefit of any supported organization other than the supported organization(s) that operated, supervised, or controlled the supporting organization? If 'Yes,' explain in Part VI how providing such benefit carried out the purposes of the supported organization(s) that operated, supervised, or controlled the supporting organization.		
Se	ection C. Type II Supporting Organizations	1	
		Yes	No
1	Were a majority of the organization's directors or trustees during the tax year also a majority of the directors or trustees of each of the organization's supported organization(s)? If 'No,' describe in <b>Part VI</b> how control or management of the supporting organization was vested in the same persons that controlled or managed the supported organization(s).		
Se	ection D. All Type III Supporting Organizations		
		Yes	No
1	Did the organization provide to each of its supported organizations, by the last day of the fifth month of the organization's tax year, (i) a written notice describing the type and amount of support provided during the prior tax year, (ii) a copy of the Form 990 that was most recently filed as of the date of notification, and (iii) copies of the organization's governing documents in effect on the date of notification, to the extent not previously provided?		
2	Were any of the organization's officers, directors, or trustees either (i) appointed or elected by the supported organization(s) or (ii) serving on the governing body of a supported organization? If 'No,' explain in <b>Part VI</b> how the organization maintained a close and continuous working relationship with the supported organization(s).		
3	By reason of the relationship described in (2), did the organization's supported organizations have a significant voice in the organization's investment policies and in directing the use of the organization's income or assets at all times during the tax year? If 'Yes,' describe in <b>Part VI</b> the role the organization's supported organizations played in this regard.		
Se	ection E. Type III Functionally Integrated Supporting Organizations		
1	1 Check the box next to the method that the organization used to satisfy the Integral Part Test during the year (see instructions).		
	a The organization satisfied the Activities Test. Complete line 2 below.		
	<b>b</b> The organization is the parent of each of its supported organizations. <i>Complete line 3 below.</i>		
		otions)	
	c I he organization supported a governmental entity. Describe in <b>Part VI</b> how you supported a government entity (see instru	J.(10115)	
2	2 Activities Test. Answer (a) and (b) below.	Yes	No
	a Did substantially all of the organization's activities during the tax year directly further the exempt purposes of the supported organization(s) to which the organization was responsive? If 'Yes,' then in <b>Part VI identify those supported organizations and explain</b> how these activities directly furthered their exempt purposes, how the organization was responsive to those supported organizations, and how the organization determined that these activities constituted substantially all of its activities.		
	b Did the activities described in (a) constitute activities that, but for the organization's involvement, one or more of the organization's supported organization(s) would have been engaged in? If 'Yes,' explain in Part VI the reasons for the organization's position that its supported organization(s) would have engaged in these activities but for the organization's involvement.		
3	Parent of Supported Organizations. Answer (a) and (b) below.		
	a Did the organization have the power to regularly appoint or elect a majority of the officers, directors, or trustees of each of the supported organizations? <i>Provide details in Part VI.</i> 3a		
	b Did the organization exercise a substantial degree of direction over the policies, programs, and activities of each of its supported organizations? If 'Yes,' describe in <b>Part VI</b> the role played by the organization in this regard.  3b		

Sche	edule A (Form 990 or 990-EZ) 2019 ASHA International		20-435	3857	Page
Pa	rt V Type III Non-Functionally Integrated 509(a)(3) Supporting Org	anizat	tions		
1	Check here if the organization satisfied the Integral Part Test as a qualifying trus instructions. All other Type III non-functionally integrated supporting organization	st on No	ov. 20, 1970 (explain in st complete Sections A t	Part VI). <b>See</b> hrough E.	
Sec	tion A – Adjusted Net Income		(A) Prior Year	(B) Curren (option	
1	Net short-term capital gain	1			
2	Recoveries of prior-year distributions	2			
3	Other gross income (see instructions)	3			
4	Add lines 1 through 3.	4			
5	Depreciation and depletion	5			
6	Portion of operating expenses paid or incurred for production or collection of gross income or for management, conservation, or maintenance of property held for production of income (see instructions)	6			
7	Other expenses (see instructions)	7			
8	Adjusted Net Income (subtract lines 5, 6, and 7 from line 4)	8			
Sec	tion B – Minimum Asset Amount		(A) Prior Year	(B) Curren (option	ıt Year ıal)
1	Aggregate fair market value of all non-exempt-use assets (see instructions for short tax year or assets held for part of year):				
- 6	Average monthly value of securities	1a			
	Average monthly cash balances	1b			
(	Fair market value of other non-exempt-use assets	1c			
	d Total (add lines 1a, 1b, and 1c)	1d			
•	e Discount claimed for blockage or other factors (explain in detail in Part VI):				
2	Acquisition indebtedness applicable to non-exempt-use assets	2			
3	Subtract line 2 from line 1d.	3			
4	Cash deemed held for exempt use. Enter 1-1/2% of line 3 (for greater amount, see instructions).	4			
5	Net value of non-exempt-use assets (subtract line 4 from line 3)	5			
6	Multiply line 5 by .035.	6			
_ 7	Recoveries of prior-year distributions	7			
8	Minimum Asset Amount (add line 7 to line 6)	8			
Sec	tion C — Distributable Amount			Current	Year
1	Adjusted net income for prior year (from Section A, line 8, Column A)	1			
2	Enter 85% of line 1.	2			
3	Minimum asset amount for prior year (from Section B, line 8, Column A)	3			
4	Enter greater of line 2 or line 3.	4		-	
5	Income tax imposed in prior year	5			
6	<b>Distributable Amount.</b> Subtract line 5 from line 4, unless subject to emergency temporary reduction (see instructions).	6			

Check here if the current year is the organization's first as a non-functionally integrated Type III supporting organization (see instructions). 7

Schedule A (Form 990 or 990-EZ) 2019

Part V	Type III Non-Functionally	v Integrated 509(a)(3)	Supporting	<b>Organizations</b>	(continued)

rai	t V Type in Non-1 directionally integrated 303(a)(3) Supporting Organizations (continued)	/
Sec	tion D - Distributions	Current Year
1	Amounts paid to supported organizations to accomplish exempt purposes	
2	Amounts paid to perform activity that directly furthers exempt purposes of supported organizations, in excess of income from activity	
3	Administrative expenses paid to accomplish exempt purposes of supported organizations	
4	Amounts paid to acquire exempt-use assets	
5	Qualified set-aside amounts (prior IRS approval required)	
6	Other distributions (describe in Part VI). See instructions.	
7	<b>Total annual distributions.</b> Add lines 1 through 6.	
8	Distributions to attentive supported organizations to which the organization is responsive (provide details in <b>Part VI</b> ). See instructions.	
9	Distributable amount for 2019 from Section C, line 6	
10	Line 8 amount divided by line 9 amount	

Section E — Distribution Allocations (see instructions)	(i) Excess Distributions	(ii) Underdistributions Pre-2019	(iii) Distributable Amount for 2019
1 Distributable amount for 2019 from Section C, line 6			
2 Underdistributions, if any, for years prior to 2019 (reasonable cause required — explain in Part VI). See instructions.			
3 Excess distributions carryover, if any, to 2019			
<b>a</b> From 2014			
<b>b</b> From 2015			
<b>c</b> From 2016			
<b>d</b> From 2017			
<b>e</b> From 2018			
f Total of lines 3a through e			
<b>g</b> Applied to underdistributions of prior years			
h Applied to 2019 distributable amount			
i Carryover from 2014 not applied (see instructions)			
j Remainder. Subtract lines 3g, 3h, and 3i from 3f.			
4 Distributions for 2019 from Section D, line 7: \$			
a Applied to underdistributions of prior years			
<b>b</b> Applied to 2019 distributable amount			
c Remainder. Subtract lines 4a and 4b from 4.			
5 Remaining underdistributions for years prior to 2019, if any. Subtract lines 3g and 4a from line 2. For result greater than zero, explain in Part VI. See instructions.			
<b>6</b> Remaining underdistributions for 2019. Subtract lines 3h and 4b from line 1. For result greater than zero, explain in Part VI. See instructions.			
7 Excess distributions carryover to 2020. Add lines 3j and 4c.			
8 Breakdown of line 7:			
a Excess from 2015			
<b>b</b> Excess from 2016			
c Excess from 2017			
d Excess from 2018			
e Excess from 2019			

BAA

Schedule A (Form 990 or 990-EZ) 2019

Supplemental Information. Provide the explanations required by Part II, line 10; Part II, line 17a or 17b; Part III, line 12; Part IV, Section A, lines 1, 2, 3b, 3c, 4b, 4c, 5a, 6, 9a, 9b, 9c, 11a, 11b, and 11c; Part IV, Section B, lines 1 and 2; Part IV, Section C, line 1; Part IV, Section D, lines 2 and 3; Part IV, Section E, lines 1c, 2a, 2b, 3a, and 3b; Part V, line 1; Part V, Section B, line 1e; Part V, Section D, lines 5, 6, and 8; and Part V, Section E, lines 2, 5, and 6. Also complete this part for any additional information. (See instructions.)

#### SCHEDULE G (Form 990 or 990-EZ)

Department of the Treasury Internal Revenue Service Supplemental Information Regarding Fundraising or Gaming Activities

Complete if the organization answered 'Yes' on Form 990, Part IV, line 17, 18, or 19, or if the organization entered more than \$15,000 on Form 990-EZ, line 6a.

► Attach to Form 990 or Form 990-EZ.

► Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

Open to Public Inspection

Name of the organization Employer identification number 20-4353857 ASHA International **Fundraising Activities.** Complete if the organization answered 'Yes' on Form 990, Part IV, line 17. Form 990-EZ filers are not required to complete this part. Indicate whether the organization raised funds through any of the following activities. Check all that apply. Mail solicitations Solicitation of non-government grants Internet and email solicitations Solicitation of government grants Phone solicitations Special fundraising events In-person solicitations 2 a Did the organization have a written or oral agreement with any individual (including officers, directors, trustees, or key **b** If 'Yes,' list the 10 highest paid individuals or entities (fundraisers) pursuant to agreements under which the fundraiser is to be compensated at least \$5,000 by the organization. (v) Amount paid to (vi) Amount paid to (iii) Did fundraiser (i) Name and address of individual (iv) Gross receipts (or retained by) (ii) Activity (or retained by) or entity (fundraiser) have custody or control of contributions? from activity fundraiser listed in organization column (i) Yes No 1 2 3 5 6 7 9 10 Total. List all states in which the organization is registered or licensed to solicit contributions or has been notified it is exempt from registration or licensing.

Sche <b>Par</b>		G (Form 990 or 990-EZ) 2019 ASHA In Fundraising Events. Complete if more than \$15,000 of fundraising List events with gross receipts great the second stress of the second stress	the organization ar	swered 'Yes' on Fo	20-43 rm 990, Part IV, li on Form 990-EZ,	ine 18, or reported
R		List events with gross receipts gre	(a) Event #1  Gala  (event type)	(b) Event #2	(c) Other events None (total number)	(d) Total events (add column (a) through column (c))
R E V E N U E	1	Gross receipts	51,704.			51,704.
Ē	2	Less: Contributions	43,626.			43,626.
	3	Gross income (line 1 minus line 2)	8,078.			8,078.
	4	Cash prizes				
	5	Noncash prizes				
D I RECT	6	Rent/facility costs	19,542.			19,542.
	7	Food and beverages				
E P E N S E S	8	Entertainment				
N S E	9	Other direct expenses	1,713.			1,713.
	10 11	Direct expense summary. Add lines 4 thr Net income summary. Subtract line 10 from	om line 3, column (d)		<b>&gt;</b>	-13,177.
Par	T III	<b>Gaming.</b> Complete if the organiza \$15,000 on Form 990-EZ, line 6a.	ition answered Yes	s on Form 990, Par	t IV, line 19, or re	ported more than
Ŗ				1		· -
V E			(a) Bingo	<b>(b)</b> Pull tabs/instant bingo/progressive bingo	(c) Other gaming	(d) Total gaming (add column (a) through column (c))
R E V E N U E	1	Gross revenue		`bingo/progressive	(c) Other gaming	(d) Total gaming (add column (a)
V E N U E				`bingo/progressive	(c) Other gaming	(d) Total gaming (add column (a)
	2	Cash prizes		`bingo/progressive	(c) Other gaming	(d) Total gaming (add column (a)
	2	Cash prizes  Noncash prizes		`bingo/progressive	(c) Other gaming	(d) Total gaming (add column (a)
VENUE EXPENSES DIRECT	2	Cash prizes		`bingo/progressive	(c) Other gaming	(d) Total gaming (add column (a)
	2	Cash prizes  Noncash prizes	(a) Bingo	bingo/progressive bingo		(d) Total gaming (add column (a)
	2 3 4	Cash prizes.  Noncash prizes.  Rent/facility costs.		`bingo/progressive	(c) Other gaming  Yes% No	(d) Total gaming (add column (a)
	2 3 4 5	Cash prizes.  Noncash prizes.  Rent/facility costs.  Other direct expenses.	(a) Bingo  Yes % No	Yes%	Yes 8	(d) Total gaming (add column (a)
	2 3 4 5	Cash prizes.  Noncash prizes.  Rent/facility costs.  Other direct expenses.  Volunteer labor.	(a) Bingo  Yes %  No  ough 5 in column (d)	Yes%	Yes % No	(d) Total gaming (add column (a)
D I P E N S E S S	2 3 4 5 6 7 8	Cash prizes.  Noncash prizes.  Rent/facility costs.  Other direct expenses.  Volunteer labor.  Direct expense summary. Add lines 2 thr	Yes 8 No ough 5 in column (d) ne 7 from line 1, column	Yes % No	Yes % No	(d) Total gaming (add column (a)

Sche	edule G (Form 990 or 990-EZ) 2019 ASHA International 2	0-4353857	Page <b>3</b>
	Does the organization conduct gaming activities with nonmembers?		No
12	Is the organization a grantor, beneficiary or trustee of a trust, or a member of a partnership or other entity formed to administer charitable gaming?		No
13	Indicate the percentage of gaming activity conducted in:		
	The organization's facility	13a	%
	An outside facility.		%
14	Enter the name and address of the person who prepares the organization's gaming/special events books and records	s:	
	Name ►		
	Address ►	- – – – – – – -	
ŀ	Does the organization have a contract with a third party from whom the organization receives gaming revenue of f 'Yes,' enter the amount of gaming revenue received by the organization \$ and to gaming revenue retained by the third party \$ tf 'Yes,' enter name and address of the third party:	ue? Yes he amount	No
	Name •		
	Address ►	. – – – – – – .	;  - 
16	Gaming manager information:		
	Name •		
	Gaming manager compensation ► \$		
	Description of services provided		
	☐ Director/officer ☐ Employee ☐ Independent contractor		
17	Mandatory distributions:		
ā	Is the organization required under state law to make charitable distributions from the gaming proceeds to retain the state gaming license?	Yes	No
ŀ	Enter the amount of distributions required under state law to be distributed to other exempt organizations or spent in	the	<u> </u>
Par	organization's own exempt activities during the tax year ► \$  **EIV Supplemental Information. Provide the explanations required by Part I, line 2b, co and Part III, lines 9, 9b, 10b, 15b, 15c, 16, and 17b, as applicable. Also provide are information. See instructions.	lumns (iii) and ny additional	(v);

#### **SCHEDULE 0** (Form 990 or 990-EZ)

## Supplemental Information to Form 990 or 990-EZ

Complete to provide information for responses to specific questions on Form 990 or 990-EZ or to provide any additional information. ► Attach to Form 990 or 990-EZ.

OMB No. 1545-0047

Open to Public Inspection

Employer identification number

Department of the Treasury Internal Revenue Service Name of the organization

► Go to www.irs.gov/Form990 for the latest information.

20-4353857 **ASHA** International Form 990-EZ. Part I. Line 8 Other Revenue Misc revenue..... 536. Total 536. Form 990-EZ, Part I, Line 16 Other Expenses 2,605. Insurance..... 269. Misc expense..... Office Expenses ...... 1,228. 4,415. Program materials 3,642. 548. Telephone ...... 14,693. Travel..... 5,918. Total \$ 33,318. Form 990-EZ, Part II, Line 24 Other Assets Beginning Ending Accounts Receivable..... 0. \$ 22,191. \$ 775. Prepaid Expenses and Deferred Charges..... 775. Total ₹ 775. 22,966. Form 990-EZ, Part II, Line 26 **Total Liabilities** Beginning Ending Accounts Payable and Accrued Expenses..... 4,141 4,926. Total 4,141 Form 990-EZ, Part III - Organization's Primary Exempt Purpose

Promote personal, organizational and community wellness through mental health education, training and support

#### Form 990-EZ, Part III, Line 28 - Statement of Program Service Accomplishments

In 2019, ASHA International reached 4,151 people through their programs. Thanks to our donors, sponsors, volunteers and storytellers, together, we are normalizing conversations about mental health and inspiring hope and well-being, one story at a time. Together, we are changing the culture of stigma and shame surrounding mental illness and building communities of hope, empathy and inclusion where every

Name of the organization	Employer identification number
ASHA International	20-4353857

## Form 990-EZ, Part III, Line 28 - Statement of Program Service Accomplishments

man, woman and child struggling with a mental health condition can find the love and support they need to realize their fullest potential.

## Form 990-EZ, Part V - Regarding Transfers Associated with Personal Benefit Contracts

(a) Did the organization, during the year, receive any funds, directly or			
indirectly, to pay premiums on a personal benefit contract?			
(b) Did the organization, during the year, pay premiums, directly or			
indirectly, on a personal benefit contract?	No		