

2021 Annual Report



LET'S TALK ABOUT MENTAL HEALTH





Greetings!

Welcome to ASHA International!

My name is Gayathri Ramprasad. I am the Founder & President of ASHA International, a nonprofit organization dedicated to normalizing conversations about mental health and inspiring hope and well-being, one story at a time.

No one could have ever imagined that the pandemic would continue its global grip in 2021 impacting all aspects of our life, including mental health. Mental health is a part of each and every one of our lives. And, mental health conditions directly affect 1 in 5 Americans each year - they do not discriminate. It might be you. It might be someone you love. Yet, the stigma and shame surrounding mental health conditions often prevents people from sharing their struggles and seeking help.

Furthermore, youth anxiety and depression became worse since the COVID pandemic began in March 2020. Early studies suggest, and many experts fear a corresponding increase in youth suicide. And, in October 2021, the American Academy of Pediatrics, American Academy of Child & Adolescent Psychiatry, and the Children's Hospital Association declared an emergency in youth mental health.

At ASHA International, we understand the barriers to mental health faced by many people including youth, underserved and underrepresented communities – immigrants, refugees, Black, indigenous, people of color and LGBTQ+. And, we are dedicated to empowering people within these communities to share their stories to normalize conversations about mental health and inspire hope & well-being.

While the pandemic greatly impacted our outreach to high schools, our primary focus, our storytellers were still able to reach 651 people through our programs and the stories on our YouTube channel had 7,200 views. People tell us that our programs are innovative, inspiring and life-changing!

Together, we are shining a light on mental health, to end stigma and save lives, one story at a time. Together, we are giving hope to people struggling with mental health conditions, and building communities of empathy, support and inclusion where all of us can thrive.

Enclosed is an overview of our programs and impact, and our financial reports. We are excited to share that we had the best fundraising year in history!

We want to thank each and every one of you – our amazing storytellers, sponsors, donors and volunteers, for your valuable support. We have accomplished a lot together, but there is much more to do. Your continued support will fuel us forward in our continued mission. Thank you for being a part of this journey.

Much love & gratitude,

Gayathri Ramprasad

Gayathri Ramprasad, MBA, CPS Founder, ASHA International





What participants are saying...

Grit & Grace Conference 2021

"WOW! Completely blown away. It was one of the best conferences I've been to in ages. So inspiring, motivating, and uplifting. It was exactly what I didn't know I needed at this moment in my life. So thank you for that. I appreciated the multiple voices and perspectives and really, really found the youth so inspiring. Can't thank you enough."

"The Grit and Grace Conference was very uplifting and different. It was an all inclusive uplift for women of every color. It was exciting to see and hear so many women from all nationalities and ethnicities. All empowering one another."

"Everything that has been going on in 2020 has really taken a toll on my mental health lately. This past month I have felt extremely overwhelmed, and hopeless. This conference was just what I needed to feel both personally and professionally uplifted."

"The Grit & Grace Conference was inspiring and impactful to me as an educator. It helped me not only personally reflect but was helpful in understanding and developing more empathy for the students I work with. It provided a nice variety of topics and point of views. it was very authentic and real."

Let's Talk About Mental Health

"The Let's Talk About Mental Health presentation let me see that I am not alone with my mental illness. The stories really inspired me!"

"Knowing that other people go through the process and get well has helped me see that I can talk to someone and get help. And, I could help people."

"The presentation was helpful because I'm going through some things right now in my life that is just stressing me out and I've never been this low in my life. Your stories opened up my eyes that I'm really not alone. Your personal stories and the way you talk about your experience is very powerful!"

To watch videos from our programs, please click here...

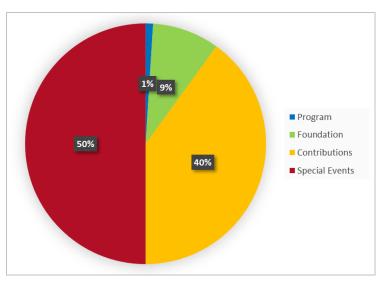


Our Financials

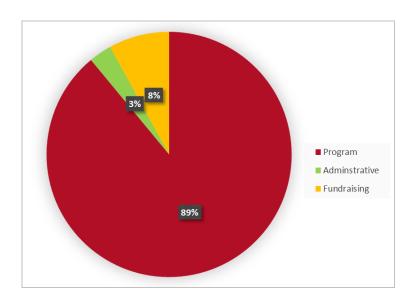
January 1, 2021 - December 31, 2021

ASHA International is a 501(c)3 nonprofit organization. Our operating revenues for the Fiscal Year 2020 were \$70,609. Our Expenses were \$58,748, Net Income was \$11,860. And, our year end Net Assets were \$170,488. In 2021 we presented fewer programs due to COVID-related closures. As a result, our expenses were lower and the proportion of funding dedicated to programs and fundraising shifted. Our commitment to transparency is recognized by the GuideStar Platinum Seal of transparency. Our most recent IRS Form 990 is enclosed.

Where money comes from...



Your dollars hard at work...





Thanks to our generous supporters!

We are deeply grateful to our Corporate and Foundation donors for their generous contributions. Their valuable support makes it possible for us to normalize conversations about mental health and inspire hope & well-being, one story at a time.

\$7,500+

Juan Young Trust Northwest Women's Clinic Varde Partners

\$5,000+

Alkermes Inc. Hilinski's Hope Foundation

\$2,500+

Oregon Community Foundation -Community 101 Program \$1,000+

Active Recovery TMS
Cascadia Behavioral Healthcare
Kaiser Permanente
Oregon Council of Child & Adolescent Psychiatry

\$250+

A1 Residential Mortgage MHACBO Rainier Springs





Our Directors & Advisors

Gayathri Ramprasad, MBA, CPS - Founder & President

Kathy Van Riesen - Secretary

Kathy Cherian, CPA, CA - Treasurer

Kathy Gomez - Director

Aaron Babbie - Director

John Boylston, JD - Director

Diane Kaufman, MD - Director

Genevieve Reaume - Director

Balbinder K. Banga - Director

James K. Boehnlein, MD, MSC - Advisor

Larisa A. Klein M.A. - Advisor

Barbara B. Maloney, PhD - Advisor

Meghan Caughey, M.A., M.F.A. - Advisor

Saramati Krishna, MD - Advisor

Vijay Rajan - Advisor



Form **990-EZ**

Short Form Return of Organization Exempt From Income Tax

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)

2021

OMB No. 1545-0047

Open to Public Inspection

Department of the Treasury Internal Revenue Service

u Do not enter social security numbers on this form, as it may be made public.u Go to www.irs.gov/Form990EZ for instructions and the latest information.

Α	For the	e 2021 calen	ndar year, or tax year beginning , and ending		
В	Check if	applicable:	C Name of organization	D Em	ployer identification number
	Address	change			
	Name ch	nange	ASHA INTERNATIONAL	2	0-4353857
	Initial retu	urn	Number and street (or P.O. box if mail is not delivered to street address) Room/suite		ephone number
	Final retu	urn/terminated	PO BOX 2057	9'	71-340-7190
	Amended	d return	City or town, state or province, country, and ZIP or foreign postal code	F Gr	oup Exemption
		on pending	BEAVERTON OR 97075	Nu	mber u
				ck u	if the organization is not
I	Websit	te: u <u>WWW</u>	V.MYASHA.ORG requ	uired to	attach Schedule B
<u>J</u>	Tax-exe	empt status (check only one) $-\mathbf{X}$ 501(c)(3) 501(c)() (insert no.) 4947(a)(1) or 527 (Follows	m 990).	•
K	Form o	of organizatio	on: X Corporation Trust Association Other		
			nd 7b to line 9 to determine gross receipts. If gross receipts are \$200,000 or more, or if total a		
(Pa	rt II, col		s \$500,000 or more, file Form 990 instead of Form 990-EZ		
P	art I		nue, Expenses, and Changes in Net Assets or Fund Balances (see the in		
		Check	if the organization used Schedule O to respond to any question in this Part I	<u>,</u>	
	1	Contributions,	gifts, grants, and similar amounts received	. 1	124,220
	2	Program se	rvice revenue including government fees and contracts	. 2	250
	3	Membership	dues and assessments	. 3	
	4	Investment	income	4	
	5a	Gross amou	unt from sale of assets other than inventory 5a		
	b		or other basis and sales expenses 5b		
	С	Gain or (loss)	from sale of assets other than inventory (subtract line 5b from line 5a)	50	;
	6	Gaming and	d fundraising events:		
	а	Gross incon	ne from gaming (attach Schedule G if greater than		
ne		\$15,000)	6a		
Revenue	b	Gross incon	ne from fundraising events (not including 61,943 of contributions		
Re		from fundra	ising events reported on line 1) (attach Schedule G if the		
		sum of such	n gross income and contributions exceeds \$15,000) 6b 2,0	00	
	С		expenses from gaming and fundraising events 6c 5,5	51	
	d	Net income	or (loss) from gaming and fundraising events (add lines 6a and 6b and subtract		
		line 6c)		60	-3,561
	7a	Gross sales	s of inventory, less returns and allowances 7a		
	b		of goods sold 7b		
	С	Gross profit	or (loss) from sales of inventory (subtract line 7b from line 7a)	70	;
	8	Other reven	ue (describe in Schedule O)	. 8	389
	9	Total rever	nue. Add lines 1, 2, 3, 4, 5c, 6d, 7c, and 8	▶ 9	121,298
	10		similar amounts paid (list in Schedule O)	10)
	11		d to or for members	میا	
S	12	Salaries, oth	her compensation, and employee benefits	مما	
nse	13	Professiona	I fees and other payments to independent contractors	13	36,645
Expenses	14		rent, utilities, and maintenance	- 1	9,304
ш	15	Printing, pul	blications, postage, and shipping	15	
	16	Other exper	nses (describe in Schedule O)	16	
	17	Total expe	nses. Add lines 10 through 16	▶ 17	
S	18		deficit) for the year (subtract line 17 from line 9)	. 18	
set	19		or fund balances at beginning of year (from line 27, column (A)) (must agree with		
As		end-of-year	figure reported on prior year's return)	19	170,488
Net Assets	20		ges in net assets or fund balances (explain in Schedule O)		
z	21		or fund balances at end of year. Combine lines 18 through 20	▶ 21	227,516

For Paperwork Reduction Act Notice, see the separate instructions.

Form **990-EZ** (2021)

Page 2

Pa	•	tion used Schedule O	,	nv guestion in this Pa	art II		X
					ginning of year		(B) End of year
22 C	Cash, savings, and investments				169,713	22	210,433
	and the state of the control of the state				0	23	
	Other assets (describe in Schedule	O)			775	24	17,083
					170,488	25	227,516
	Total liabilities (describe in Sched	lula (0)			0	26	0
	Net assets or fund balances (line		agree with line 21)		170,488	27	227,516
		gram Service Acco					
		ition used Schedule O	•	•	I==I		Expenses
What	t is the organization's primary exer		10 10000114 10 4	, quostion in time :		(Re	quired for section
	E SCHEDULE O						(c)(3) and 501(c)(4)
	cribe the organization's program se	ervice accomplishments for	or each of its thre	e largest program servi	ces.	l	anizations; optional for
	neasured by expenses. In a clear a	•				othe	· •
	ons benefited, and other relevant i			,		0	,
28	SEE SCHEDULE O	· •					
•							
	Grants\$) If this amount includes			 .	28a	64,270
29					· 	204	01/2/0
23 .							
	Grants \$) If this amount includes				29a	
30 7						23a	
30 .							
) If this amount includes				30a	
) If this amount includes				30a	
	Other program services (describe in	,				31a	
) If this amount includes				31a	64,270
	Total program service expenses art IV List of Officers, Direct	tors, Trustees, and Key					
га	Check if the organizatio	n used Schedule O to res	spond to any ques	stion in this Part IV			
	(a) Name and titl	10	(b) Average	(c) Reportable compensation	(d) Health bei	nefits,	(e) Estimated amount of
	(a) Name and titl	E	devoted to position	(Forms W-2/1099-MISC/	benefit plans, deferred compe	and and	other compensation
				1099-NEC) (if not paid, enter -0-)	deferred compe	ensation	
-CZ	AYATHRI RAMPRASAD						
	RESIDENT		20.00	0		0	0
	ATHLEEN VAN RIESEN		20.00				•
	ECRETARY		2.00	0		0	0
	ATHY CHERIAN, CPA, CA	Δ	2.00				
	REASURER	.	1.00	0		0	0
	ARON BABBIE		1.00	0			0
	IRECTOR		1.00	0		0	0
	ATHY GOMEZ		1.00	0			0
	IRECTOR		1.00	0		0	0
			1.00	0		- 0	0
	OHN BOYLSTON, JD IRECTOR		1.00	0		0	0
			1.00	0		- 0	0
	IANE KAUFMAN, MD		1 00	_		•	0
	IRECTOR		1.00	0		0	0
	ENEVIEVE REAUME		1 00	_		•	
	IRECTOR		1.00	0		0	0
	ALBINDER BANGA		1 00	_		•	
בע_	IRECTOR		1.00	0		0	0

Form 990-EZ (2021)

Page 3

Pa	instructions for Part V.) Check if the organization used Schedule O to respond to any question in this Par	V		П
	mondonorio for Fair VI) effect il tilo efgamization deca esticadio e to respond to any question in tilo Fair	• •	Yes	No
33	Did the organization engage in any significant activity not previously reported to the IRS? If "Yes," provide a			
	detailed description of each activity in Schedule O	33		Х
34	Were any significant changes made to the organizing or governing documents? If "Yes," attach a conformed			
	copy of the amended documents if they reflect a change to the organization's name. Otherwise, explain the			
	change on Schedule O. See instructions	34		X
35a	Did the organization have unrelated business gross income of \$1,000 or more during the year from business			
	activities (such as those reported on lines 2, 6a, and 7a, among others)?	35a		X
b	If "Yes" to line 35a, has the organization filed a Form 990-T for the year? If "No," provide an explanation in Schedule O	35b		
С	Was the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization subject to section 6033(e) notice,			
	reporting, and proxy tax requirements during the year? If "Yes," complete Schedule C, Part III	35c		X
36	Did the organization undergo a liquidation, dissolution, termination, or significant disposition of net assets			
	during the year? If "Yes," complete applicable parts of Schedule N	36		X
37a	Enter amount of political expenditures, direct or indirect, as described in the instructions u			
b	Did the organization file Form 1120-POL for this year?	37b		X
38a				
	any such loans made in a prior year and still outstanding at the end of the tax year covered by this return?	38a		X
b	If "Yes," complete Schedule L, Part II, and enter the total amount involved 38b			
39	Section 501(c)(7) organizations. Enter:			
а	Initiation fees and capital contributions included on line 9			
b	Gross receipts, included on line 9, for public use of club facilities 39b			
40a	Section 501(c)(3) organizations. Enter amount of tax imposed on the organization during the year under:			
	section 4911 u ; section 4912 u ; section 4955 u			
b	Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Did the organization engage in any section 4958			
	excess benefit transaction during the year, or did it engage in an excess benefit transaction in a prior year			
	that has not been reported on any of its prior Forms 990 or 990-EZ? If "Yes," complete Schedule L, Part I	40b		Х
С	Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Enter amount of tax imposed			
	on organization managers or disqualified persons during the year under sections 4912,			
	4955, and 4958 u			
d				
	40c reimbursed by the organization u			
е	All organizations. At any time during the tax year, was the organization a party to a prohibited tax shelter			
	transaction? If "Yes," complete Form 8886-T	40e		X
41	List the states with which a copy of this return is filed u OR			
42a	The organization's books are in care of uGAYATHRI RAMPRASAD Telephone no. u 971	-34	0-7	190
	PO BOX 2057			
	Located at u BEAVERTON OR ZIP + 4 u 97	75		
b	At any time during the calendar year, did the organization have an interest in or a signature or other authority over		Yes	No
	a financial account in a foreign country (such as a bank account, securities account, or other financial account)?	42b		X
	If "Yes," enter the name of the foreign country ${f u}$			
	See the instructions for exceptions and filing requirements for FinCEN Form 114, Report of Foreign Bank and			
	Financial Accounts (FBAR).			
С	At any time during the calendar year, did the organization maintain an office outside the United States?	42c		X
	If "Yes," enter the name of the foreign country ${f u}$			_
43	Section 4947(a)(1) nonexempt charitable trusts filing Form 990-EZ in lieu of Form 1041 — Check here			u L
	and enter the amount of tax-exempt interest received or accrued during the tax year u 43			
			Yes	No
44a	Did the organization maintain any donor advised funds during the year? If "Yes," Form 990 must be			
	completed instead of Form 990-EZ	44a		X
b	Did the organization operate one or more hospital facilities during the year? If "Yes," Form 990 must be			
	completed instead of Form 990-EZ	44b		X
С	Did the organization receive any payments for indoor tanning services during the year?	44c		X
d	If "Yes" to line 44c, has the organization filed a Form 720 to report these payments? If "No," provide an			
	explanation in Schedule O	44d		
45a	Did the organization have a controlled entity within the meaning of section 512(b)(13)?	45a		X
b	Did the organization receive any payment from or engage in any transaction with a controlled entity within the			
	meaning of section 512(b)(13)? If "Yes," Form 990 and Schedule R may need to be completed instead of			
	Form 990-EZ. See instructions	45b		X
DAA		m 99 ()-EZ	(2021)

Sign Here	Signature of officer GAYATHRI RAMPRASAD	Date PRESIDENT	ı				
	Type or print name and title						
	Print/Type preparer's name	Preparer's signature	Date		Check if	PTIN	
Paid	RICH WINKEL		06/	06/22	·	P008469	14
Preparer	Firm's name } DOUGALL CONRADI	E LLC	•	Firm's E	in } 20-	-52305	500
Use Only	Firm's address } 9400 SW BARNES	RD # 309					
	PORTLAND, OR 9	97225-6658		Phone r	no. 971- 2	249-99	20
May the IR	S discuss this return with the preparer shown about	ove? See instructions			> [X Yes	No

SCHEDULE A

(Form 990)

Department of the Treasury Internal Revenue Service

Name of the organization

Public Charity Status and Public Support

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

OMB No. 1545-0047

Open to Public Inspection

u Attach to Form 990 or Form 990-EZ.

 ${\bf u}$ Go to www.irs.gov/Form990 for instructions and the latest information.

ASHA INTERNATIONAL

Employer identification number 20-4353857

Page on for Public Charity Status (All organizations must complete this part.) See instructions

_ P	art	i Reas	on for Public Charity	/ Status. (Ali organizalio	ns mus	st comp	nete this part.) See insti	ructions.					
Γhe	orga	anization is no	t a private foundation beca	use it is: (For lines 1 through 1	2, check	only one	box.)						
1		A church, co	onvention of churches, or as	ssociation of churches describe	ed in sec	tion 170	(b)(1)(A)(i).						
2		A school des	scribed in section 170(b)(1	I)(A)(ii). (Attach Schedule E (F	orm 990)	.)							
3	П	A hospital or	r a cooperative hospital ser	vice organization described in	section	170(b)(1)(A)(iii).						
4	П	A medical re	esearch organization operate	ed in conjunction with a hospit	al describ	oed in s e	ection 170(b)(1)(A)(iii). Enter	the hospital's name,					
		city, and stat	- ·					•					
5		An organizat	tion operated for the benefit	t of a college or university own	ed or op	erated by	a governmental unit describe	ed in					
	_	section 170	0(b)(1)(A)(iv). (Complete Pa	art II.)									
6	Ш	A federal, st	ate, or local government or	governmental unit described i	n sectio i	n 170(b)	(1)(A)(v).						
7	X	•	tion that normally receives a section 170(b)(1)(A)(vi).	a substantial part of its support (Complete Part II.)	t from a q	governme	ental unit or from the general	public					
8		A community	trust described in section	170(b)(1)(A)(vi). (Complete F	Part II.)								
9		An agricultur	ral research organization de	escribed in section 170(b)(1)(A)(ix) op	erated in	conjunction with a land-grant	college					
		or university university:	or a non-land-grant college	e of agriculture (see instructions	s). Enter	the name	e, city, and state of the colleg	e or					
10		An organizat	tion that normally receives ((1) more than 33 1/3% of its s	upport fro	m contril	outions, membership fees, an	d gross					
		•		empt functions, subject to certa			. ,						
			•	and unrelated business taxable 30, 1975. See section 509(a)		•	,	S					
11			•	d exclusively to test for public s		•	•						
12	Н			d exclusively for the benefit of,				nurnoses of					
	Ш	-	•	ations described in section 50				•					
	а	Type I. A	e box on lines 12a through 12d that describes the type of supporting organization and complete lines 12e, 12f, and 12g. Type I. A supporting organization operated, supervised, or controlled by its supported organization(s), typically by giving										
			ne supported organization(s) the power to regularly appoint or elect a majority of the directors or trustees of the										
			= =										
	b	_						=					
					ie same į	persons t	hat control or manage the su	pported					
	_		•		ated in co	nnection	with and functionally integra	ted with					
	supporting organization. You must complete Part IV, Sections A and B. Type II. A supporting organization supervised or controlled in connection with its supported organization(s), by having control or management of the supporting organization vested in the same persons that control or manage the supported organization(s). You must complete Part IV, Sections A and C. Type III functionally integrated. A supporting organization operated in connection with, and functionally integrated with, its supported organization(s) (see instructions). You must complete Part IV, Sections A, D, and E.												
	d	_		ed. A supporting organization									
				he organization generally must	-			tiveness					
	е			must complete Part IV, Sect eceived a written determination				II					
	C			non-functionally integrated supp				11					
	f		mber of supported organiza										
	g	Provide the	following information about	the supported organization(s).									
(i		e of supported	(ii) EIN	(iii) Type of organization	(iv) Is the	organization	(v) Amount of monetary	(vi) Amount of					
	org	ganization		(described on lines 1–10 above (see instructions))	listed in you docur	ur governing		other support (see instructions)					
				above (see instructions))	Yes	No	instructions)	ii isti uctioris)					
(A)					103	140			-				
(~)													
(B)													
(C)													
									_				
(D)													
									-				
(E)													
									-				
Fota	ai i												

Part II

Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)

(Complete only if you checked the box on line 5, 7, or 8 of Part I or if the organization failed to qualify under Part III. If the organization fails to qualify under the tests listed below, please complete Part III.)

Sec	tion A. Public Support							
Caler	ndar year (or fiscal year beginning in) u	(a) 2017	(b) 2018	(c) 2019	(d) 2020	(e) 2021		(f) Total
1	Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grants.")	49,867	85,771	104,363	64,984	124,2	20	429,205
2	Tax revenues levied for the organization's benefit and either paid to or expended on its behalf							
3	The value of services or facilities furnished by a governmental unit to the organization without charge							
4	Total. Add lines 1 through 3	49,867	85,771	104,363	64,984	124,2	20	429,205
5	The portion of total contributions by each person (other than a governmental unit or publicly supported organization) included on line 1 that exceeds 2% of the amount							
	shown on line 11, column (f)							140,977
6	Public support. Subtract line 5 from line 4							288,228
	tion B. Total Support							
Cale	ndar year (or fiscal year beginning in) u	(a) 2017	(b) 2018	(c) 2019	(d) 2020	(e) 2021	_	(f) Total
7	Amounts from line 4	49,867	85,771	104,363	64,984	124,2	20	429,205
8	Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources							
9	Net income from unrelated business activities, whether or not the business is regularly carried on							
10	Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.)							
11	Total support. Add lines 7 through 10							429,205
12	Gross receipts from related activities, etc	c. (see instructions	s)			1	12	2,250
13	First 5 years. If the Form 990 is for the	organization's first						
	organization, check this box and stop he	ere					<u></u>	▶
Sec	tion C. Computation of Public							_
14	Public support percentage for 2021 (line	6, column (f) divid	led by line 11, co	lumn (f))		<u>1</u>	14	67.15%
15	Public support percentage from 2020 Sc	hedule A, Part II,	line 14				15	74.84%
16a	33 1/3% support test—2021. If the orga	anization did not cl	heck the box on li	ne 13, and line 14	l is 33 1/3% or m	ore, check this	;	
	box and stop here. The organization qu	alifies as a publicl	y supported orga	nization				► <u>X</u>
b	33 1/3% support test—2020. If the orga	anization did not cl	heck a box on line	e 13 or 16a, and li	ne 15 is 33 1/3%	or more, chec	:k	
	this box and stop here. The organization	n qualifies as a pu	ublicly supported	organization				▶ □
17a	10%-facts-and-circumstances test—2	021. If the organiz	ation did not ched	ck a box on line 13	3, 16a, or 16b, an	d line 14 is		
	10% or more, and if the organization me	ets the facts-and-	circumstances tes	st, check this box	and stop here. E	xplain in		
	Part VI how the organization meets the organization				-			▶ □
b	10%-facts-and-circumstances test—2							
	15 is 10% or more, and if the organization	on meets the facts	and-circumstanc	es test, check this	box and stop he	ere. Explain		
	in Part VI how the organization meets the organization	ne facts-and-circun	nstances test. The	e organization qua	alifies as a publicl	y supported		▶ □
18	Private foundation. If the organization of	did not check a bo	x on line 13, 16a,	16b, 17a, or 17b,	, check this box a	nd see		
	instructions							▶ □

Schedule A (Form 990) 2021

Support Schedule for Organizations Described in Section 509(a)(2)

(Complete only	if you checked the	ne box on line	10 of Part I or	if the organization	n failed to qualit	fy under	Part II.
If the organizat	ion fails to qualify	under the tes	sts listed below,	please complete	Part II.)		

Sec	tion A. Public Support						
Caler	dar year (or fiscal year beginning in) u	(a) 2017	(b) 2018	(c) 2019	(d) 2020	(e) 2021	(f) Total
1	Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grants.")						
2	Gross receipts from admissions, merchandise sold or services performed, or facilities furnished in any activity that is related to the organization's tax-exempt purpose						
3	Gross receipts from activities that are not an unrelated trade or business under section 513						
4	Tax revenues levied for the organization's benefit and either paid to or expended on its behalf						
5 6	The value of services or facilities furnished by a governmental unit to the organization without charge Total. Add lines 1 through 5						
	Amounts included on lines 1, 2, and 3						
b	received from disqualified persons Amounts included on lines 2 and 3 received from other than disqualified persons that exceed the greater of \$5,000 or 1% of the amount on line 13 for the year						
с 8	Add lines 7a and 7b Public support. (Subtract line 7c from						
	line 6.)						
	tion B. Total Support						
Caler	dar year (or fiscal year beginning in) u	(a) 2017	(b) 2018	(c) 2019	(d) 2020	(e) 2021	(f) Total
9	Amounts from line 6						
10a	Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources .						
b	Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975						
С	Add lines 10a and 10b						
11	Net income from unrelated business activities not included on line 10b, whether or not the business is regularly carried on						
12	Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.)						
13	Total support. (Add lines 9, 10c, 11, and 12)						
14	First 5 years. If the Form 990 is for the					(/ (/	. 🗆
<u></u>	organization, check this box and stop he		ontogo				<u></u>
	tion C. Computation of Public			. (0)		145	
15	Public support percentage for 2021 (line						%
16 Soc	Public support percentage from 2020 Sc tion D. Computation of Investm					16	<u>%</u>
				- 40 (6)		147	1 0/
17 10 la	Investment income percentage for 2021		III II: 47			40	%
	vestment income percentage from 2020				15 in more than 3		<u>%</u>
ıya	33 1/3% support tests—2021. If the org	=					▶ □
b	17 is not more than 33 1/3%, check this 33 1/3% support tests—2020. If the org	=	_	-		_	and
	line 18 is not more than 33 1/3%, check	this box and stor	here. The organ	ization qualifies a	is a publicly supp	orted organization	· ▶ <u>□</u>
20	Private foundation. If the organization of	did not check a b	ox on line 14, 19a	, or 19b, check th	is box and see in	structions	▶ □

Part IV **Supporting Organizations**

(Complete only if you checked a box in line 12 on Part I. If you checked box 12a, Part I, complete Sections A and B. If you checked box 12b. Part I. complete Sections A and C. If you checked box 12c. Part I. complete Sections A, D, and E. If you checked box 12d, Part I, complete Sections A and D, and complete Part V.)

Section A. All Supporting Organizations

- 1 Are all of the organization's supported organizations listed by name in the organization's governing documents? If "No," describe in Part VI how the supported organizations are designated. If designated by class or purpose, describe the designation. If historic and continuing relationship, explain,
- Did the organization have any supported organization that does not have an IRS determination of status under section 509(a)(1) or (2)? If "Yes." explain in Part VI how the organization determined that the supported organization was described in section 509(a)(1) or (2).
- Did the organization have a supported organization described in section 501(c)(4), (5), or (6)? If "Yes," answer lines 3b and 3c below.
- Did the organization confirm that each supported organization qualified under section 501(c)(4), (5), or (6) and satisfied the public support tests under section 509(a)(2)? If "Yes," describe in Part VI when and how the organization made the determination.
- Did the organization ensure that all support to such organizations was used exclusively for section 170(c)(2)(B) purposes? If "Yes," explain in Part VI what controls the organization put in place to ensure such use.
- Was any supported organization not organized in the United States ("foreign supported organization")? If "Yes," and if you checked box 12a or 12b in Part I, answer lines 4b and 4c below.
- Did the organization have ultimate control and discretion in deciding whether to make grants to the foreign supported organization? If "Yes." describe in Part VI how the organization had such control and discretion despite being controlled or supervised by or in connection with its supported organizations.
- Did the organization support any foreign supported organization that does not have an IRS determination under sections 501(c)(3) and 509(a)(1) or (2)? If "Yes," explain in Part VI what controls the organization used to ensure that all support to the foreign supported organization was used exclusively for section 170(c)(2)(B)
- 5a Did the organization add, substitute, or remove any supported organizations during the tax year? If "Yes," answer lines 5b and 5c below (if applicable). Also, provide detail in Part VI, including (i) the names and EIN numbers of the supported organizations added, substituted, or removed; (ii) the reasons for each such action; (iii) the authority under the organization's organizing document authorizing such action; and (iv) how the action was accomplished (such as by amendment to the organizing document).
- Type I or Type II only. Was any added or substituted supported organization part of a class already designated in the organization's organizing document?
- Substitutions only. Was the substitution the result of an event beyond the organization's control?
- Did the organization provide support (whether in the form of grants or the provision of services or facilities) to anyone other than (i) its supported organizations, (ii) individuals that are part of the charitable class benefited by one or more of its supported organizations, or (iii) other supporting organizations that also support or benefit one or more of the filing organization's supported organizations? If "Yes." provide detail in Part VI.
- Did the organization provide a grant, loan, compensation, or other similar payment to a substantial contributor (as defined in section 4958(c)(3)(C)), a family member of a substantial contributor, or a 35% controlled entity with regard to a substantial contributor? If "Yes," complete Part I of Schedule L (Form 990).
- Did the organization make a loan to a disqualified person (as defined in section 4958) not described on line 7? If "Yes," complete Part I of Schedule L (Form 990).
- Was the organization controlled directly or indirectly at any time during the tax year by one or more disqualified persons, as defined in section 4946 (other than foundation managers and organizations described in section 509(a)(1) or (2))? If "Yes," provide detail in Part VI.
- Did one or more disgualified persons (as defined on line 9a) hold a controlling interest in any entity in which the supporting organization had an interest? If "Yes," provide detail in Part VI.
- Did a disqualified person (as defined on line 9a) have an ownership interest in, or derive any personal benefit from, assets in which the supporting organization also had an interest? If "Yes," provide detail in Part VI.
- 10a Was the organization subject to the excess business holdings rules of section 4943 because of section 4943(f) (regarding certain Type II supporting organizations, and all Type III non-functionally integrated supporting organizations)? If "Yes," answer line 10b below.
 - Did the organization have any excess business holdings in the tax year? (Use Schedule C, Form 4720, to determine whether the organization had excess business holdings.)

		Yes	No
		- 33	
	1		
	2		
	3a		
	3b		
	3с		
	4a		
	4a		
	4b		
	4c		
	70		
	_		
	5a		
	5b		
	5c		
	_		
	6		
	7		
	8		
	9a		
	9b		
	9с		
	10a		
	10b		90) 2021
chec	lule A	(Form 9	90) 2021

Schedu	le A (Form 990) 2021	ASHA	INTERNATIONAL	20-435385	7		Page \$
Par	t IV Supporting	Organizations	(continued)				
				ſ		Yes	No
11	Has the organization ad	ccepted a gift or cont	ribution from any of the following persons?				
а			either alone or together with persons described	on lines 11b and			
	11c below, the governing	ng body of a support	ed organization?	_	11a		
	A family member of a p				11b		
С	A 35% controlled entity	of a person describe	ed on line 11a or 11b above? If "Yes" to line 11a	a, 11b, or 11c,			
	provide detail in Part V				11c		
Secti	on B. Type I Supp	orting Organiza	tions				1
				ſ		Yes	No
1		•	verning body, officers acting in their official capa				
	more supported organiz	zations have the pow	er to regularly appoint or elect at least a majori	ty of the organization's officers,			
	directors, or trustees at	all times during the	tax year? If "No," describe in Part VI how the s	upported organization(s)			
	effectively operated, su	pervised, or controlle	d the organization's activities. If the organization	n had more than one supported	!		
	organization, describe I	how the powers to a	opoint and/or remove officers, directors, or truste	es were allocated among the			
	supported organizations	s and what conditions	s or restrictions, if any, applied to such powers	during the tax year.	1		
2	Did the organization op	erate for the benefit	of any supported organization other than the su	ipported			
	organization(s) that ope	erated, supervised, o	r controlled the supporting organization? If "Yes	s," explain in Part			
	VI how providing such	benefit carried out th	e purposes of the supported organization(s) tha	t operated,			
	supervised, or controlle				2		
<u>Secti</u>	on C. Type II Sup _l	porting Organization	ations				1
				r		Yes	No
1	Were a majority of the	organization's directo	rs or trustees during the tax year also a majority	y of the directors			
	or trustees of each of t	the organization's su	oported organization(s)? If "No," describe in Par	t VI how control			
	or management of the	supporting organizati	on was vested in the same persons that control	lled or managed			
	the supported organiza				1		
Secti	on D. All Type III :	Supporting Orga	anizations				1
				ŗ		Yes	No
1	Did the organization pro	ovide to each of its s	upported organizations, by the last day of the fif	th month of the			
	organization's tax year,	(i) a written notice d	escribing the type and amount of support provice	led during the prior tax			
	year, (ii) a copy of the F	Form 990 that was m	ost recently filed as of the date of notification, a	nd (iii) copies of the			
	organization's governing	g documents in effec	t on the date of notification, to the extent not p	reviously provided?	1		
2	Were any of the organi	zation's officers, dire	ctors, or trustees either (i) appointed or elected	by the supported			
	organization(s) or (ii) se	erving on the governi	ng body of a supported organization? If "No," e.	xplain in Part VI how			
	the organization mainta	nined a close and co	ntinuous working relationship with the supported	d organization(s).	2		
3	By reason of the relation	onship described on I	ine 2, above, did the organization's supported of	organizations have			
	a significant voice in the	e organization's inve	stment policies and in directing the use of the o	rganization's			
	income or assets at all	times during the tax	year? If "Yes," describe in Part VI the role the o	organization's			
	supported organizations				3		
Secti			ted Supporting Organizations				
1	Check the box next to	the method that the o	organization used to satisfy the Integral Part Tes	t during the year (see instructi	ons).		
а	The organization sa	atisfied the Activities	Test. Complete line 2 below.				
b	The organization is	the parent of each of	of its supported organizations. Complete line 3 b	pelow.			
С	The organization su	upported a governme	ental entity. Describe in Part VI how you suppor	ted a governmental entity (see	instruc	ctions).	•
2	Activities Test. Answer	lines 2a and 2b be	low.	ſ		Yes	No
а	Did substantially all of t	the organization's act	ivities during the tax year directly further the ex-	empt purposes of			
	the supported organiza	tion(s) to which the	organization was responsive? If "Yes," then in P	art VI identify			
	those supported orga	nizations and expl	ain how these activities directly furthered their e	exempt purposes,			
	how the organization w	as responsive to tho	se supported organizations, and how the organ	ization determined			
	that these activities cor	nstituted substantially	all of its activities.		2a		
b	Did the activities descri	bed on line 2a, abov	e, constitute activities that, but for the organizat	ion's			
	involvement, one or mo	ore of the organization	n's supported organization(s) would have been	engaged in? If			
	"Yes," explain in Part V	/I the reasons for the	organization's position that its supported organ	nization(s) would			
	have engaged in these	activities but for the	organization's involvement.		2b		
3			lines 3a and 3b below.	Γ			
а			larly appoint or elect a majority of the officers, of	directors, or			
	trustees of each of the	supported organizati	ons? If "Yes" or "No," provide details in Part VI.		3a		
b			degree of direction over the policies, programs,	and activities of each			
	=		cribe in Part VI the role played by the organizat		3b		

20-4353857 ASHA INTERNATIONAL Schedule A (Form 990) 2021 Page 6 Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations 1 Check here if the organization satisfied the Integral Part Test as a qualifying trust on Nov. 20, 1970 (explain in Part VI). See instructions. All other Type III non-functionally integrated supporting organizations must complete Sections A through E. (B) Current Year Section A - Adjusted Net Income (A) Prior Year (optional) 1 Net short-term capital gain 1 Recoveries of prior-year distributions 2 3 Other gross income (see instructions) 4 Add lines 1 through 3. 4 5 5 Depreciation and depletion 6 Portion of operating expenses paid or incurred for production or collection of gross income or for management, conservation, or maintenance of property held for production of income (see instructions) 6 Other expenses (see instructions) 7 8 Adjusted Net Income (subtract lines 5, 6, and 7 from line 4) 8 (B) Current Year Section B - Minimum Asset Amount (A) Prior Year (optional) 1 Aggregate fair market value of all non-exempt-use assets (see instructions for short tax year or assets held for part of year): a Average monthly value of securities 1a **b** Average monthly cash balances 1b c Fair market value of other non-exempt-use assets 1c d Total (add lines 1a, 1b, and 1c) 1d e Discount claimed for blockage or other factors (explain in detail in Part VI): 2 Acquisition indebtedness applicable to non-exempt-use assets 2 3 Subtract line 2 from line 1d. 3 4 Cash deemed held for exempt use. Enter 0.015 of line 3 (for greater amount, 4 Net value of non-exempt-use assets (subtract line 4 from line 3) 5 6 6 Multiply line 5 by 0.035. Recoveries of prior-year distributions 7 8 8 Minimum Asset Amount (add line 7 to line 6) Section C - Distributable Amount Current Year Adjusted net income for prior year (from Section A, line 8, column A) 1 2 Enter 0.85 of line 1. 2 Minimum asset amount for prior year (from Section B, line 8, column A) 3 4 Enter greater of line 2 or line 3. 4

Check here if the current year is the organization's first as a non-functionally integrated Type III supporting organization

5

Schedule A (Form 990) 2021

5 Income tax imposed in prior year

(see instructions).

6 Distributable Amount. Subtract line 5 from line 4, unless subject to

emergency temporary reduction (see instructions).

	le A (Form 990) 2021 ASHA INTERNATIONA		20-4353	857 Page 7
Par	V Type III Non-Functionally Integrated 509(a)(3)	Supporting Organ	izations (continued)	
Secti	on D – Distributions			Current Year
1	Amounts paid to supported organizations to accomplish exempt pur	poses		
2	Amounts paid to perform activity that directly furthers exempt purpose	ses of supported		
	organizations, in excess of income from activity			
3	Administrative expenses paid to accomplish exempt purposes of su	pported organizations		
4	Amounts paid to acquire exempt-use assets			
5	Qualified set-aside amounts (prior IRS approval required-provide of	details in Part VI)		
6	Other distributions (describe in Part VI). See instructions.			
7	Total annual distributions. Add lines 1 through 6.			
8	Distributions to attentive supported organizations to which the organ	nization is responsive		
	(provide details in Part VI). See instructions.			
9	Distributable amount for 2021 from Section C, line 6			
10	Line 8 amount divided by line 9 amount			
Secti	on E – Distribution Allocations (see instructions)	(i) Excess Distributions	(ii) Underdistributions Pre-2021	(iii) Distributable Amount for 2021
1	Distributable amount for 2021 from Section C, line 6			
2	Underdistributions, if any, for years prior to 2021			
	(reasonable cause required-explain in Part VI). See			
	instructions.			
3	Excess distributions carryover, if any, to 2021			
	From 2016			
	From 2017			
	From 2018			
	From 2019			
	From 2020			
	Total of lines 3a through 3e			
	Applied to underdistributions of prior years			
	Applied to 2021 distributable amount			
<u>!</u>	Carryover from 2016 not applied (see instructions)			
	Remainder. Subtract lines 3g, 3h, and 3i from line 3f.			
4	Distributions for 2021 from			
	Section D, line 7: \$			
	Applied to underdistributions of prior years			
	Applied to 2021 distributable amount			
	Remainder. Subtract lines 4a and 4b from line 4.			
5	Remaining underdistributions for years prior to 2021, if			
	any. Subtract lines 3g and 4a from line 2. For result			
	greater than zero, explain in Part VI. See instructions.			
6	Remaining underdistributions for 2021 Subtract lines 3h			
	and 4b from line 1. For result greater than zero, explain in			
	Part VI. See instructions.			
7	Excess distributions carryover to 2022. Add lines 3j			
	and 4c.			
8	Breakdown of line 7:			
	Excess from 2017			
	Excess from 2018			
	Excess from 2019			
	Excess from 2020			
е	Excess from 2021			

Schedule A (Form 990) 2021

Schedule A (Fo	orm 990) 2021	ASHA	INTERNATI	ONAL		20-4353857	7	Page 8
Part VI	III, line 12; Pa	rt IV, Section A	, lines 1, 2, 3b	, 3c, 4b, 4c, 5a,	ired by Part II, lin , 6, 9a, 9b, 9c, 11	a, 11b, and 11c;	Part IV,	17b; Part Section
	B, lines 1 and	2; Part IV, Sec	tion C, line 1;	Part IV, Section	D, lines 2 and 3; /, Section D, lines	Part IV, Section	E, lines	1c, 2a, 2b
-					information. (See			
•								

SCHEDULE G (Form 990)

Department of the Treasury Internal Revenue Service Name of the organization

Supplemental Information Regarding Fundraising or Gaming Activities
Complete if the organization answered "Yes" on Form 990, Part IV, line 17, 18, or 19, or if the
organization entered more than \$15,000 on Form 990-EZ, line 6a.

u Attach to Form 990 or Form 990-EZ.

u Go to $\textit{www.irs.gov/Form990}\$ for instructions and the latest information.

OMB No. 1545-0047

Open to Public Inspection

Name of the organization ASHA INTERNATIONAL						Employer identification number 20-4353857	
Part I Fundraising Activities. Complete	if the organiz			wered "Yes" on For			
Form 990-EZ filers are not required							
1 Indicate whether the organization raised funds through	Ċ	_					
			_	vernment grants			
		_		ment grants			
	g Special fu	undrais	ing e	vents			
d In-person solicitations							
2a Did the organization have a written or oral agreement or key employees listed in Form 990, Part VII) or enti	t with any individity in connection	ual (in) with pi	cludir ofess	ng officers, directors, tru- sional fundraising service	stees, es?	Yes No	
b If "Yes," list the 10 highest paid individuals or entities compensated at least \$5,000 by the organization.	(fundraisers) pui	rsuant 1	to ag	reements under which the	he fundraiser is to	be	
compensated at least \$6,000 by the organization.		(iii) Did fund- raiser have			(v) Amount paid to	(vi) Amount paid to	
(i) Name and address of individual or entity (fundraiser)	(ii) Activity	custody or control of contributions?		(iv) Gross receipts from activity	(or retained by) fundraiser listed in		
or ormy (unducer)					col. (i)	0.90.11.20.10.1	
		Yes	No				
1							
2							
3							
4							
5							
6							
7							
•							
8							
9							
10							
Tatal							
Total		ioit oon	tribut	ione or has been notifie	d it is avament from	<u> </u>	
3 List all states in which the organization is registered o registration or licensing.	i iicerisea to soli	icit con	uibut	ions of has been notified	u it is exempt from		

Schedule G (Form 990) 2021 ASHA INTERNATIONAL 20-4353857 Page 2 Fundraising Events. Complete if the organization answered "Yes" on Form 990, Part IV, line 18, or reported more than \$15,000 of fundraising event contributions and gross income on Form 990-EZ, lines 1 and 6b. List events with gross receipts greater than \$5,000. (a) Event #1 (b) Event #2 (c) Other events (d) Total events CEL. OF HOPE NONE (add col. (a) through col. (c)) (event type) (event type) (total number) Revenue 63,943 63,943 1 Gross receipts 61,943 61,943 2 Less: Contributions 3 Gross income (line 1 minus 2,000 2,000 line 2). 4 Cash prizes 5 Noncash prizes Direct Expenses 6 Rent/facility costs 7 Food and beverages 8 Entertainment 5,561 5,561 9 Other direct expenses 10 Direct expense summary. Add lines 4 through 9 in column (d) 5,561 11 Net income summary. Subtract line 10 from line 3, column (d) Gaming. Complete if the organization answered "Yes" on Form 990, Part IV, line 19, or reported more than \$15,000 on Form 990-EZ, line 6a. (b) Pull tabs/instant (d) Total gaming (add Revenue (c) Other gaming bingo/progressive bingo col. (a) through col. (c)) 1 Gross revenue 2 Cash prizes Expenses 3 Noncash prizes 4 Rent/facility costs 5 Other direct expenses Yes % Yes % Yes 6 Volunteer labor 7 Direct expense summary. Add lines 2 through 5 in column (d) 8 Net gaming income summary. Subtract line 7 from line 1, column (d) 9 Enter the state(s) in which the organization conducts gaming activities: a Is the organization licensed to conduct gaming activities in each of these states? **b** If "No," explain: 10a Were any of the organization's gaming licenses revoked, suspended, or terminated during the tax year? b If "Yes," explain:

Sche	dule G (Form 990) 2021 ASHA			20-4353857			Page 3
11	Does the organization conduct gan	ning activities w	vith nonmembers?			Yes	No
12	Is the organization a grantor, benef	iciary or trustee	of a trust, or a member of a part	tnership or other entity	_		_
	formed to administer charitable gar	ming?				Yes	U No
13	Indicate the percentage of gaming	•					
а	The organization's facility				13a		%
b	An outside facility				13b		%
14	Enter the name and address of the records:	e person who pr	repares the organization's gaming	special events books and			
	Name u						
	Address u						
15a	Does the organization have a contrevenue?		-	n receives gaming	Γ	Yes	∏ No
b	If "Yes," enter the amount of gamir	ng revenue rece	ived by the organization u \$	and the		_	_
	amount of gaming revenue retained						
С	If "Yes," enter name and address of	of the third party:	•				
	Name u						
	Address u						
16	Gaming manager information:						
	Name u						
	Gaming manager compensation u	\$					
	Description of services provided ${\bf u}$						
	Director/officer	mployee	Independent contractor				
17 a	Mandatory distributions: Is the organization required under retain the state gaming license?			e gaming proceeds to	Γ	ີ່ Yes	□No
b	Enter the amount of distributions re	equired under st	ate law to be distributed to other	exempt organizations or		_	
_	spent in the organization's own exe	empt activities d	uring the tax year u\$	in al har Double line Observations	/:::\	1 (.)	
Pa				ired by Part I, line 2b, columns ble. Also provide any additiona			ına

SCHEDULE O (Form 990)

Supplemental Information to Form 990 or 990-EZ

Complete to provide information for responses to specific questions on Form 990 or 990-EZ or to provide any additional information.

OMB No. 1545-0047

Open to Public Inspection

Department of the Treasury Internal Revenue Service u Attach to Form 990 or Form 990-EZ. u Go to www.irs.gov/Form990 for the latest information.

Name of the organization Employer identification number

ASHA INTERNATIONAL 20-4353857

FORM 990-EZ, PART I, LINE 8	- OTHER REVE	NUE		
DESCRIPTION		AMOUNT		
MISC INCOME	\$	389		
	TOTAL \$	389		
FORM 990-EZ, PART I, LINE 1	6 - OTHER EXF	ENSES		
DESCRIPTION		AMOUNT		
EXPENSES				
OFFICE EXP.	\$	4,326		
INSURANCE	\$	3,180		
SUPPLIES	\$	441		
TELEPHONE	\$	489		
WEBSITE	\$	5,565		
TO DAM WORTH IT	\$	2,940		
FEES & OTHER COSTS	\$	944		
	TOTAL \$	17,885		
FORM 990-EZ, PART II, LINE	24 - OTHER AS	SETS		
DESCRIPTION		BEG.	OF YEAR END	OF YEAR
ACCOUNTS RECEIVABLE		\$	0 \$	17,083
PREPAID EXPENSES AND DEFERR			775 \$	
		TOTAL \$	775 \$	17,083
FORM 990-EZ, PART III - PRI	MARY EXEMPT F	URPOSE		
PROMOTE PERSONAL, ORGANIZATI	IONAL AND COM	MUNITY WELLNES	SS THROUGH ME	NTAL