



STACY THRALL
COACHING

Person-Centered Language:

[Principle 2: Global Public Health Equity Lens \(cdc.gov\)](#)

Communication:

<https://www.cdc.gov/globalhealth/equity/guide/plain-language.html>

The National Alliance On Mental Illness [Competent Caring: When Mental Illness Becomes a Traumatic Event \(DVD\)](#) - NAMI: National Alliance on Mental Illness | NAMI: National Alliance on Mental Illness

Resources for support:

988 [Lifeline \(988lifeline.org\)](https://www.988lifeline.org)

Primary care doctor

friends/family

[The Mental Health Coalition](#)

Peer Resources:

[The Stability Network | Changing the Way We Talk About Mental Health](#)

[Mental Health Education | NAMI: National Alliance on Mental Illness](#)

[The Coalition & Universal Music Group's Guide to Mental Health & Homelessness - The Mental Health Coalition](#)

[How to Address Mental Health at Work - The Mental Health Coalition](#)

For Peers living with mental health conditions

<https://www.nami.org/Support-Education/Mental-Health-Education>

[Blog - Wellness Recovery Action Plan](#)